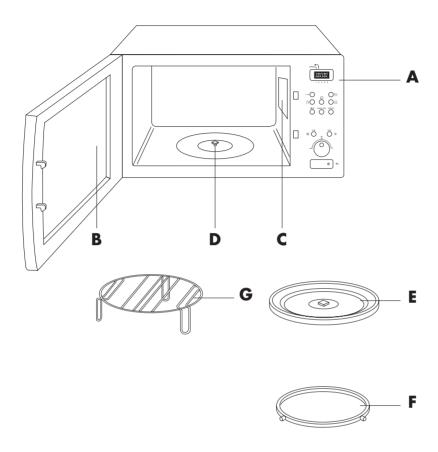
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CHAPTER 1 – GENERAL

1.1 DESCRIPTION OF THE OVEN



- A Control panel
- B Inside of door
- C Microwave outlet cover
- **D** Turntable spindle

- **E** Turntable
- F Turntable support
- **G** Wire rack

1.2 DESCRIPTION OF THE CONTROL PANEL

1. Display

The control panel shows a 24-hour clock, the pre-set cooking times, the functions chosen (upper indicators) and the microwave level selected (lower indicators).

2. +1 Min button

Press this button to set exactly one minute of microwaving at max power level. Each additional touch of this button will increase the set time by 30 seconds, up to a maximum of 6 minutes.

3 - 8 - 9:

Automatic functions buttons:

Push one of these buttons to warm beverages, readyto-serve dishes, frozen pizza and pre-cooked frozen food.

4. MICRO button:

microwave cooking

Push this button to cook or heat foodstuffs.

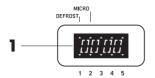
5. STOP BUTTON:

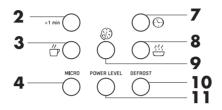
Cancelling a function

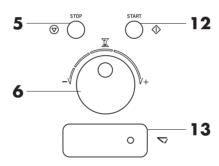
Push this button to stop the cooking or to cancel the pre-set cooking times.

Cooking times

Use this knob to set the cooking time or the time of day.







Push this button to set the correct time of day and to get a view of the clock while the oven is working.

10. DEFROST button:

automatic thawing

Push this button to thaw foodstuffs

11. POWER LEVEL button:

Microwave power level

Push this button to select the microwave power level required.

The available power levels of the microwaves are the followina:

1 - 150 W

2 - 300 W

3 - 450 W

4 - 700 W

5 - 900 W

12. START button:

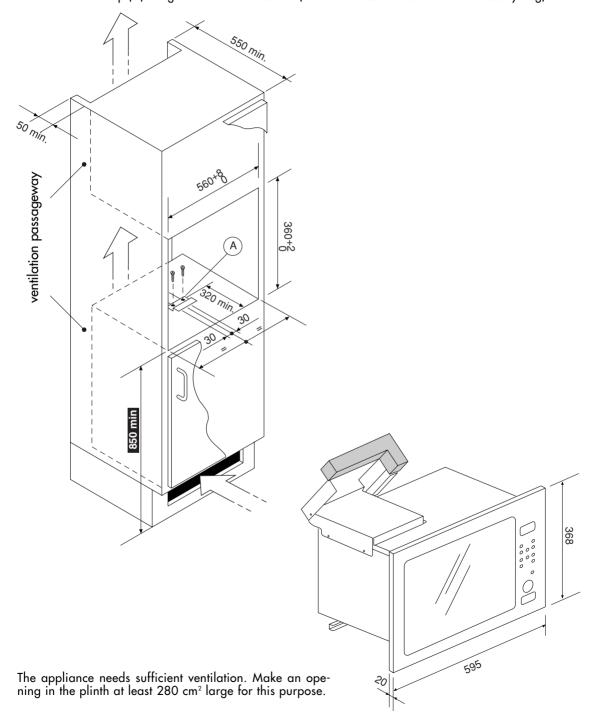
Press this button to turn the oven on, but only after you selected the function and the cooking times.

13. Open door button

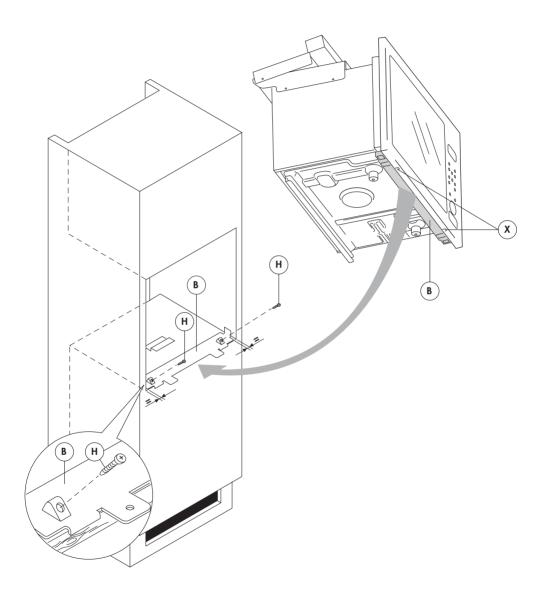
1.3 BUILDING-IN

Inside the oven there is a plastic bag with fixing material. Take this bag out of the oven. BEFORE USING THE OVEN, REMOVE THE PLASTIC PROTECTION ANGLES ON THE GLASS DOOR (IF EQUIPPED)

1. Fasten metal strip (A) using the two 13 mm. screws (all of which can be found in the accessory bag).

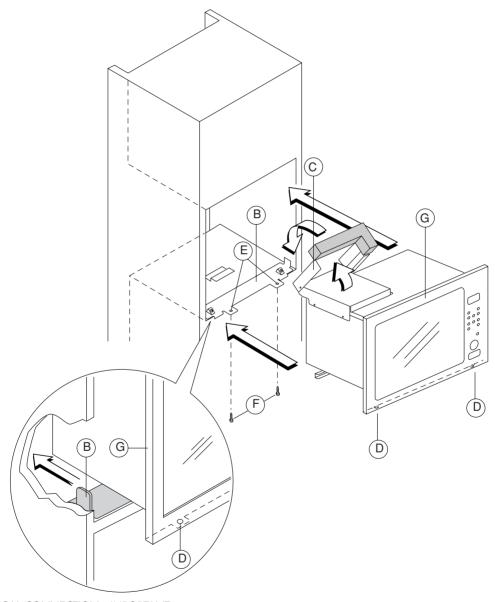


- 2. Remove the 2 screws (X) from the fastening bar under the microwave oven.
- 3. Fit the fastening bar (B) at the correct position in the recess. Make sure that there is the same amount of free space at each side of the fastening bar. Fasten the fastening bar using the two 16 mm. screws (H) which can be found in the accessory bag.



Fix the fastening bar such that the two lips stick out over the edge of the bottom of the recess and rest against it at the front.

- 4. Open the lid of the smoke discharge (C) fully.
- 5. Slide the appliance into the recess. Slide the front of the appliance over the fastening bar (B). Keep sliding it until the front of the oven (G) is resting against the cupboard and the holes (D) under the oven are aligned with the holes (E) in the fastening bar (B).
- 6. Fasten the appliance to the fastening bar (B) using the previously removed screws (X).



ELECTRICAL CONNECTION - IMPORTANT:

If the appliance is provided with supply cord AND plug, the appliance shall be positioned so that the plug is always accessible. If the appliance is provided with a supply cord WITHOUT the plug, the appliance must be connected to a fixed main wiring incorporating a disconnection switch with contact separation of at least 3 mm in all poles and provided with permanent connection to earth.

1.4 IMPORTANT SAFETY WARNINGS

Read these instructions carefully and keep for future reference.

N.B. This oven has been designed to defrost, heat and cook food in the home. It must never be used for other purposes, modified or tampered with in any way.

- 1) WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person (trained by the manufacturer or by its Customer Service).
- WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair
 operation which involves the removal of a cover which gives protection against exposure to microwave energy.
- 3) WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
- 4) WARNING: Accessible parts may become hot during use. Young children should be kept away. The appliance is not intended for use by young children or infirm persons without supervision. Children should not be allowed to play with the appliance or tamper with its controls. Do not allow children near the oven when it is in operation, as this may result in severe burns.
- 5) Do not attempt to operate the oven with the door open by tampering with the safety devices.
- 6) Do not operate the oven if objects for any kind get stuck between the front panel of the oven and the door. Always keep the inside of the door (B) clean, using a damp cloth and non-abrasive detergents. Do not allow dirt or remains of food to accumulate between the front panel of the oven on the door.
- 7) If the power cable becomes damaged, this must be substituted only by specialised personnel authorised or by the manufacturer.
- 8) If smoke is observed, switch off or unplug the appliance and KEEP THE DOOR CLOSED in order to stifle any flames.
- 9) Only use utensils that are suitable for use in microwave ovens. In order to avoid over-heating and the consequent risk of fire, it is advisable to supervise the oven when cooking food in disposable containers made of plastic, cardboard or other inflammable materials, and when heating small quantities of food.
- 10) Never place the turntable in water after it has ben heated for a long time. The high thermal shock resulting would break the turntable.
- 11) You must not either preheat or operate the microwave oven in any way without food in the oven. Sparking can occur if you were to ignore this warning.
- 12) Before using this oven, make sure that the utensil and containers chosen are suitable for microwave oven use (see the section on "Glassware and Similar Items").
- 13) When heating liquids (water, coffee, milk, etc.) it is possible that the contents may suddenly start to boil and spill violently as a result of delayed boiling, causing scalding. To avoid this happening, you should place a heat-resistant plastic spoon or a glass rod in the container before starting to heat liquids. Anyway, care should be taken when handling the container.
- 14) Do not heat spirit with a high alcohol content, nor large quantities of oil, as these could catch fire!
- 15) The contents of feeding bottles and baby food jars should be stirred or shaken and the temperature should be checked before consumption in order to avoid burns. It is also advisable to stir or shake the food in order to ensure that it has an even temperature.

When using commercially available bottle sterilisers, before turning the oven on, ALWAYS make sure the







- container is filled with the quantity of water indicated by the manufacturer.
- 16) Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.
- 17) All microwaves are tested and approved in accordance with current electromagnetic safety and compatibility regulations and standards. As a precautionary measure, pacemaker manufacturers recommend wearers to keep a minimum distance of 20-30 cm between an operating microwave oven and the pacemaker in order to avoid possible interference with the pacemaker. If you suspect that such an interference is occurring, turn the oven off immediately and contact the pacemaker manufacturer.

1.5 TECHNICAL DATA

Outer measurements	(see building-in)
Inner measurements (LxDxH)	322x202x330
Oven's net volume	24 Lt
Approximate weight	20 Kg
Turntable diameter	27,5 cm
Oven light	25 w

OUTPUT POWER - MICROWAVE: 900 W (IEC705)

For additional data, consult the data plate placed on the front side of the appliance.

This appliance conforms to EC directives 89/336 and 92/31 on Electromagnetic Compatibility and EC directive no. 1935/2004 of 27/10/2004 on materials intended for contact with food.

1.6 INSTALLATION AND ELECTRICAL CONNECTION

The oven must be built-in at a minimum hight of 850 mm.

- 1) Remove all the accessories and wash them.
- 2) Clean the inside with a soft, damp cloth.
- 3) Check that there is no damage as a result of transportation, and in particular that the door opens and closes properly.
- 4) Place the support (I) in the centre of the circular groove and fix the turntable (H) to it. The spindle (D) should be inserted in the corresponding groove in the centre of the turntable.
- 5) After the installation has been performed, the power supply cable and the power socket must be easy to access.
- 6) Only a qualified electrician may install or relocate a socket outlet.
- 7) Only connect the appliance to a power socket with a power capacity of at least 16A. Also make sure that the main switch installed in your home has a minimum power capacity of 16A in order to avoid it suddenly tripping while the oven is on.
- 8) Before use, check that the power supply voltage is the same as the one shown on the rating label and that the power outlet is properly earthed: the manufacturer disclaims any liability in the event of non-compliance with this safety regulation.
- 9) The majority of modern electronic appliances (TV, radio, stereo systems etc) are shielded from radio frequency (RF) signals. Certain electronic appliances may not, however, be shielded from radio frequency signals deriving from a microwave oven. You should therefore keep a distance of at least 1 2 metres between these appliances and the operating oven.

1.7 OVENWARE TO BE USED

You can make use of all types of containers made of glass (preferably Pyrex), ceramics, porcelain and glazed pottery as long as they do not have decorations or metal parts (gilded borders, handles, feet). Heat resistant plastic containers can also be used, but only for "Microwave Only" cooking. If you are still doubtful about using a particular container, you can perform a simple test. Place the empty container in the oven for 30 seconds at maximum power ("Microwave Only" function). If the container is still cold or only slightly warm, it is suitable for microwave cooking. If it is very hot or gives out sparks, it is not suitable.

For short heating periods, you may use paper napkins, cardboard trays and plastic "throwaway" plates as a base. As far as shape and size are concerned, it is absolutely essential that containers be such as to allow the turntable to rotate. In order to use large-size rectangular containers (which may not be able to rotate inside the cooking cavity), you can remove the spindle (**D**) from its housing to prevent the turntable (**E**) moving. Bear in mind that to be assured of good results when carrying this out you must stir the food and turn the container around several times during the cooking process. Containers made of metal, wood, recycled kitchen paper, cane and plate glass are not suitable for use in microwave ovens. The metal rack supplied with your microwave have been fully tested for safe use. You should remember, too, that since microwaves heat the food and not the glassware, earthenware or similar containers for that food, it is possible to cook such foods in the serving dish and thereby avoid the problem of having to clean pans later.

However, remember that heat may be transferred from the food itself to the plate, making it necessary to use an oven alove.

In any case, observe the guidelines shown in the following table:

	Glass	Cera- mics	Porce- lain	Clay plates	Plastic for micro- waves	Paper cups*	Paper plates*	Parch- ment paper*	Card- board	Metal contain- ers	Glass- ware with metal parts	Special roasting paper
Defrosting	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO	YES
Heating	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	МО	YES
Cooking	YES	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	YES

^{*} If the cooking time required is too long, there is a possibility of fire.

ELECTRICAL CONNECTION (U.K. ONLY)

A) If your appliance comes fitted with a plug, it will incorporate a 13 Amp fuse. If it does not fit your socket, the plug should be cut off from the mains lead, and an appropriate plug fitted, as below.

WARNING: Very carefully dispose of the cut off plug after removing the fuse: do not insert in a 13 Amp socket elsewhere in the house as this could cause a shock hazard.

With alternative pluas not incorporating a fuse, the circuit must be protected by a 15 Amp fuse.

If the plug is a moulded-on type, the fuse cover must be re-fitted when changing the fuse using a 13 Amp Asta approved fuse to BS 1362. In the event of losing the fuse cover, the plug must NOT be used until a replacement fuse cover can be obtained from your nearest electrical dealer. The colour of the correct replacement fuse cover is that as marked on the base of the plug.

B) If your appliance is not fitted with a plug, please follow the instructions provided below:

WARNING - THIS APPLIANCE MUST BE EARTHED

IMPORTANT

The wires in the mains lead are coloured in accordance with the following code:

Green and yellow: Earth
Blue: Neutral
Brown: Live



As the colours of the wires in the mains lead may not correspond with the coloured markings identifying the terminals in your plug, proceed as follows:

The green and yellow wire must be connected to the terminal in the plug marked with the letter E or the earth symbol \pm or coloured green or green and yellow. The blue wire must be connected to the terminal marked with the letter N or coloured black. The brown wire must be connected to the terminal marked with the letter L or coloured red.

1.8 HOW TO GET THE BEST RESULTS FROM YOUR OVEN

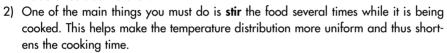
What do I want to do?		n/power should I noose?	Use instruction page	Amt. & time chart page
Keep food warm	MICRO	power level 1 (150W)	46 47	
 Defrost 	DEFROST		44	45
Soften chocolate & icingMelt butter and soften cheeseHeat pastry goods	MICRO	power level 2 (300W) power level 3 (450W)	46 47 47 51	48 48 51
Cook stew, chicken breasts		•	46 49	49
 Cook fruit, vegetables, rice, soup, fish Heat up any type of already cooked or frozen food 	MICRO	power level (900W)	46 50 47	50 48
Defrost, reheat, cook on two levels at the same time	MICRO	with wire rack	42	43
To heat frozen pre-baked pizza, to reheat frozen pre-cooked	••••••	(<u>;</u>	54	53
foodTo heat drinks and liquids	Automatic function		54	53
To heat chilled ready meals.		<u> </u>	54	53

1.9 RULES AND GENERAL SUGGESTIONS FOR USING THE OVEN

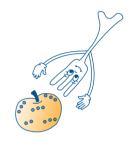
Microwaves consist of electromagnetic radiation found in nature under the form of light waves (e.g., sunlight). Inside the oven, these waves penetrate food from all directions and heat up the water, fatty and sugar molecules. Heat is produced very quickly only in the food itself, whereas the container being used warms up indirectly by means of heat given off by the heated food. This prevents food from sticking to its container, so you can use very little fatty substance or, in some cases, no fat at all during the cooking process. Therefore cooking in a microwave oven is considered to be healthy and good for one's diet. And in contrast to traditional methods, cooking in a microwave foodstuffs are less dehydrated, lose less of their nutritional value, and retain more of their original flavour.

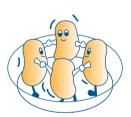
Basic rules for correct cooking with a microwave oven

1) In order to set cooking times correctly, remember (in referring to the charts on the following pages) that when you increase the amount of foodstuffs the cooking temperature must likewise be proportionately increased and vice-versa. It is important to respect the "standing" times: **standing time** means that period during which the food must be left to "rest" after being cooked so as to allow an even greater spreading of the temperature within. The temperature of meat, for example, will rise about 5°-8° C. (approx. 9°-15° F.) during the standing time. Standing times may be observed either inside or outside the oven.



- 3) It is also advisable to turn the foodstuff over during its cooking process: this applies especially for meat, whether it is in large pieces (roasts, whole chickens, etc.) or small (chicken breasts, etc.).
- 4) Foods having a skin, shell or peel (e.g., apples, potatoes, tomatoes, frankfurters, fish) must be pierced with a fork in several points so as to permit steam to escape and to prevent those items from exploding.
- 5) If you are preparing a large number of portions of the same food item (e.g., boiled potatoes), **place** those portions in a Pyrex dish in order to have them cook in a uniform manner:
- 6) The lower the temperature at which a foodstuff is placed in a microwave oven, the longer the cooking time required. Food having a room temperature will cook more quickly than food having a refrigerator temperature.
- 7) Always do your cooking by placing the food container in the centre of the turntable.
- 8) It is perfectly normal for condensation to form inside the oven and near the air outlet. To reduce such condensation, cover the foodstuffs with clear-sheet, wax paper, a glass lid or simply an overturned plate. Then, too, foods having a water content (e.g., greens and vegetables) cook better when covered. The covering of food also helps keep the oven clean on the inside. Use clear-sheet made expressly for microwave ovens.
- 9) Do not cook eggs in their shells: the pressure which builds up on the inside would cause the egg to explode, even after cooking has finished. Do not heat up eggs which have already been cooked, unless they are scrambled.
- 10) Do not forget to open containers which are air-tight or sealed before heating or cooking food in the oven. The pressure on the inside of the container would rise, causing them to explode even after cooking has finished.







CHAP. 2 – USING THE CONTROLS AND SETTING THE MODES

2.1 HOW TO ADJUST THE CLOCK

• When this appliance is first plugged in, or after there has been a power failure, the figure 12:00 will start blinking on the display.

To set the time of day, proceed as follows:

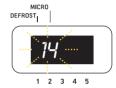


Push the button (7). (The hour 12 will begin blinking on the display.)





Set the time you want by turning the knob ∑ (6). (The hour will begin blinking on the display.)





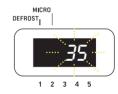
Solution (7) once again. (The hour will disappear from the display, and the minutes will begi blinking.)





 \blacksquare Set the time you want by turning the knob \blacksquare (6).

(The minutes will begin blinking on the display.)





Dush the button one more time. (The time selected will appear on the display.)



- To change the time of the control panel once it has been set, push the button (7) and then proceed to a setting of the time as indicated above.
- You can obtain a showing of the time of day even after the oven has started operating simply by pushing the
 button (7). (The time will be shown for 3 seconds.)

2.2 - SIMULTANEOUS COOKING ON 2 LEVELS

By using the spacer wire rack with the microwave-only function, you can defrost, reheat and cook foods at the same time, even different dishes on two levels. The special double-microwave-emission system makes possible, in fact, a perfect distribution of energy.

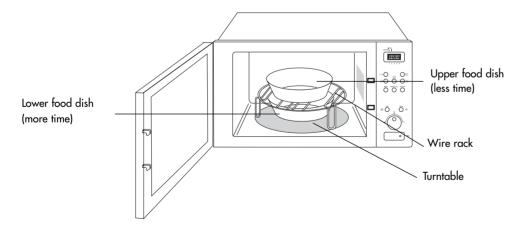
When you wish to cook two food dishes at the same time, all you have to do is keep these basic rules in mind:

1) The cooking times for food dishes cooked at the same time are different from those for the cooking of single dishes. So always consult the reference table on page 43.

Times for simultaneous cooking						
Potatoes (above) Goulash (below)	16 min 40 min					
Cooking times	for single dishes					
Potatoes Goulash	7 - 8 min 30 - 35 min					

2) Be careful to ALWAYS place on the WIRE RACK food which requires less cookig time: it will thus be easier to remove the upper pan.

Take the grill out and finish cooking the food underneath.



3) Pay strict attention to the indications and recommendations in the tables. In particular, always check to be sure that the food being reheated is very hot before removing it from the oven.

REFERENCE TABLES FOR COOKING ON TWO LEVELS

DEFROSTING TIMES

Туре	Pan position	Quantity (grams)	Power level	Minutes	Notes
 Ground meat 	above	500	DEFROST	20	Turn the meat over after 10 min. When the
 Ground meat 	below	500	DEI KOSI	20	cooking is finished, let the meat sit for 15 min.
 Chicken in pieces 	above	500	DEEDOCT	24	During the defrosting, pull the pieces apart. When
• Stew	below	500	DEFROST	24	the cooking is finished, let the meat sit for 15 min.
 Cauliflower 	above	450	DEFROST	22	At the end, let sit for 5 to 10 min.
 Whole fish 	below	500	DEFROSI	22	At the end, let sit for 5 to 10 min.

REHEATING TIMES

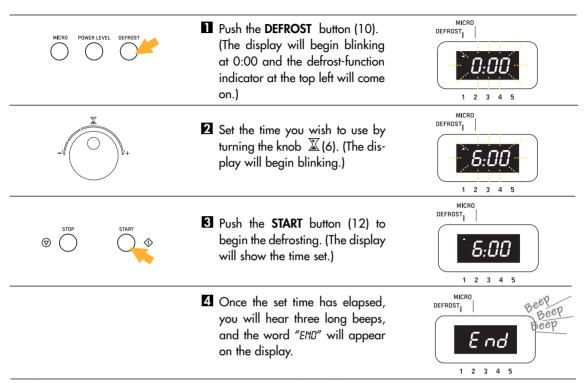
Туре	Pan position	Quantity (grams)	Power level	Minutes	Notes
 Meat, single serving 	above	150	5	6	Cover the food with plastic wrap
 Vegetables, single serving 	below	250	5	6	Cover the food with plastic wrap
 Plate of lasagne 	above	500	5	9	Cover the food with plastic wrap
 Plate of lasagne 	below	500	5	9	Cover the food with plastic wrap
 Meat, single serving 	above	150	5	6	Cover the food with plastic wrap
 Plate of lasagne 	below	500	5	8	Cover the food with plastic wrap

COOKING TIMES

Туре	Pan position	Quantity (grams)	Power level	Minutes	Notes
 Potatoes 	above	500	5	16	Cut in equal-size pieces and cover with plastic wrap.
 Potatoes 	below	500	5	16	Cut in equal-size pieces and cover with plastic wrap.
 Carrots 	above	500	5	18	Cut in equal-size pieces and cover with plastic wrap.
 Carrots 	below	500	5	18	Cut in equal-size pieces and cover with plastic wrap.
Zucchini	above	475	5	14	Leave whole and cover with plastic wrap. After 14 min., take out the rack.
 Sliced fish 	below	400	5	16	Cover with plastic wrap.
 Zucchini 	above	475	5	13	Leave whole and cover with plastic wrap. After 13 min., take out the rack.
Whole fish	below	200	5	14	Cover with plastic wrap.
 Whole fish 	above	200	5	14	Cover with plastic wrap.
 Whole fish 	below	200	5	14	Cover with plastic wrap.
 Potatoes 	above	500	5	16	Cut in equal-size pieces and cover with plastic wrap.
 Goulash 	below	1500	5	40	After 16 min., take out the grill. Stir 2 or 3 times.
 Cabbage 	above	500	5	14	Leave whole and cover with plastic wrap. After 14 min., take out the rack.
• Rice	below	300	5	20	Cover with plastic wrap and stir 2 times
Brussels sprouts	above	500	5	14	Cover with plastic wrap. After 14 min., take out the rack.
• Peas	below	500	5	18	Cover with plastic wrap.

2.3 HOW TO PROGRAMME AUTOMATIC DEFROSTING

When utilising this function, all you have to do is set the defrost time. The microwave power is pre-set.



- If you open the oven door to check on the progress of the defrosting, the microwaves will stop operating and
 the time remaining will blink on the display. To continue the defrosting, close the door again and push the
 START button (12). The oven will resume the time count from the point that count was interrupted.
- To return the set time to zero, do as follows:
 - if the oven door is open, push the STOP button (5) once;
 - if the oven is operating, push the STOP button (5) twice.
 - if the oven is turned off and its door closed, push the **STOP** button (5) once.

USING THE MICROWAVE-ONLY FUNCTION FOR DEFROSTING

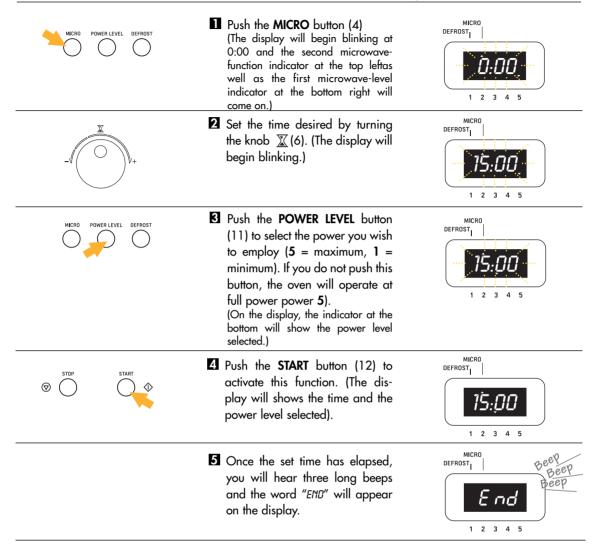
- Foods frozen in bags or plastic sheeting or in their packaging may be placed directly in the oven, as long as they have no metal parts (e.g., bands or closure rivets).
- Certain foods, such as greens, vegetables and fish, do not have to be completely defrosted before you begin
 cooking them.
- Stewed foods and meats as well as meat sauces defrost better and quicker if they are stirred from time to time, turned over or separated.
- While defrosting, meat and fish lose their liquid content. It is recommended, therefore, that you defrost such items in a tray or basin.
- It is advisable to separate each individual piece of meat from its bag before putting it in the freezer. This will help you save valuable time will preparing foods.
- Be careful about following the cooking times printed on frozen products, because those times are not always
 correct. It is best to use defrosting times slightly less than those indicated. The time needed for defrosting will
 vary in terms of the degree to which the food has been frozen.

DEFROSTING TIME

Туре	Quantity	Time to be set (minutes)	Notes	Standing time (minutes)
MEAT • Roasts (pork, beef, veal, etc.)	1 kg	19 - 21	Turn over halfway through defrosting	20
Steaks, cutlets, meat slices Stew, goulash Ground meat Hamburger Sausages POULTRY	200 gr 500 gr 500 gr 250 gr 200 gr 300 gr	4 - 6 10 - 12 10 - 12 5 - 7 5 - 7 6 - 8	See note (*)	5 10 15 10 10
Duck, turkey Whole chickens Cut-up chicken Chicken breasts VEGETABLES	1,5 kg 1,5 kg 700 gr 300 gr	25 - 27 25 - 27 13 - 15 8 - 10	Turn the poultry over halfway through defrosting. At the end of the rest period, wash under hot water to remove possible ice	20
			Frozen vegetables do not need to be defrosted before cooking.	
FISHFilleted fishCut-up fishWhole fishPrawn, shrimps	300 gr 400 gr 500 gr 400 gr	7 - 9 8 - 10 10 - 12 8 - 10	Turn the fish over halfway through defrosting	7 7 7 7
• Butter	250 gr	4 - 6	Remove the silver foil or the metal parts.	10
• Cheese	250 gr	5 - 7	Cheese should not be completely defrosted.	15
• Cream	200 ml	7 - 9	The cream should be removed from its container and placed in a dish.	5
2 average-size rolls 4 average-size rolls Sliced home-style bread Whole-wheat bread	150 gr 300 gr 250 gr 250 gr	1 - 2 2 - 4 2 - 4 2 - 4	Put the bread directly onto the turntable.	3 3 3 3
 Strawberries, prunes, cherries, currants, apricots Raspberries Blackberries 	500 gr 300 gr 250 gr	8 - 10 5 - 7 3 - 5	Stir 2-3 times Stir 2-3 times Stir 2-3 times	10 10 6

^(*) These indications are suitable for performing the minced meat defrosting test according to Regulation 60705, Par. 13.3 (see page 2). Turn over halfway through the set time. Place directly on the turntable. Further information, including on other performance tests according to Regulation 60705, is given in the table on page 2.

2.4 HOW TO PROGRAMME THE OVEN SO AS TO KEEP FOOD HOT, TO REHEAT AND TO COOK



- It is possible to access the time of day even while the oven is operating,. Simply push the button (5) (7). The correct time will appear on the display for about 3 seconds.
- You can check on the progress whenever you please by opening the oven door and taking a close look at the foodstuff. By doing so, you interrupt the microwaves, but their emission will resume when you close the door again and push the **START** button (12).
- If for any reason whatsoever it becomes necessary to interrupt the cooking without opening the door, simply push the **STOP** button (5).
- To stop the cooking, do as follows:
 - if the oven door is open, push the **STOP** button (5) once;
 - if the oven is operating, push the STOP button (5) twice;
 - if the oven is turned off and its door closed, push the **STOP** button (5) once.
- The cooking time and the microwave power may be changed even after you have pushed the **START** button (12).

2.5 USING THE MICROWAVE-ONLY FUNCTION TO KEEP FOOD HOT

This function enables you to keep food hot, whether that food be just cooked or re-heated, without having it get dry or stick to its container.

Selecting the 1 power level and covering the food with a plate or plastic film, you will find that foods will remain warm up to serving time

You can leave foods in their cooking container if they are covered.

2.6 USING THE MICROWAVE-ONLY FUNCTION TO RE-HEATING

Heating food in a microwave oven is much quicker and energy efficient than traditional methods.

We recommend that you heat foodstuffs (especially if they are frozen) to a temperature of at least 70° C. (it
must be piping hot!). Leave to stand for a few minutes as you will not be able to eat that food immediately
because it will be too hot.

This will ensure that any possible bacteria present in food will have been killed.

- To heat pre-cooked or frozen foods, follow these rules:
 - remove the food from its metal containers;
 - cover it with plastic wrap (the clear-film type suitable for microwave ovens) or wax paper; in this way, all the food's natural flavour will be preserved and the oven will stay cleaner; you may also cover the food with an upside-down plate;
 - if possible, stir or turn the food over frequently so as to speed up the heating process and keep the heat uniform at the same time;
 - follow the cooking times listed with great caution; remember that under certain conditions the timings given must be lengthened
- Frozen foods must be defrosted before the heating process begins. The lower the food's initial temperature, the longer the time needed for heating.
- Foodstuffs and drinks may be heated briefly in paper or plastic containers. In any event, however, such containers may become misshapen if the heating time is too long.

HEATING TIMES

N.B.: Some foodstuffs can easily be reheated by using the automatic functions (see page 53).

Туре	Quantity	power level	Time to be set (minutes)	Notes
SOFTENING FOOD • Chocolate/icing • Butter	100 gr 50 -70 gr	3 5	4 - 5 0'.10" - 0'.15"	Put on a plate. Mix the icing once. To melt butter, add one minute.
CHILLED FOOD (INITIAL TEMP. 5/	8°C) UP TO 2	20/30°C		
YoghurtBaby's bottle	125 gr 240 gr	5 5	0′.15″ - 0′.20″ 0′.30″ - 0′.35″	Remove metal foil Heat the baby's bottle without the teat and mix it immediately after heating to make the temperature uniform. Check the temperature of the contents before use. With milk at room temperature the heating time is lower. To avoid risk of fire when using dried milk please stir evenly. Please use already sterilized milk.
CHILLED PRECOOKED FOOD (IN	ITIAL TEMP.	5/8°C) UP	TO APPROX. 70°C	
 Packet of lasagne or of pasta with filling Packet of meat with and/or vegetables 	400 gr 400 gr	5 5	3 - 5	Packets of any kind of commercially available pre-cooked food, to be heated to a temp. of 70° C. Remove the food from any rice metal packets and put it directly onto the plate from which it is to be eaten. For best results, always cover the
 Packet of fish and/or vegetables 	300 gr	5	2 - 4	food.
 Plate of meat and/or vegetables Plate of pasta, cannelloni or lasagne Plate of fish and/or rice 	400 gr 400 gr 300 gr	5 5 5	4 - 6 4 - 6 3 - 5	Portions of any kind of already cooked food, to heat to a temp. of 70°C. The food is placed directly onto the plate from which it is to be eaten and is always covered either with a transparent
		_		film or with an upturned plate.
FROZEN FOOD TO REHEAT/CO	OK (INITIAL			PROX. 70°C
Packet of lasagne or of pasta with filling	400 gr	5	5 - 7 4 - 6	Packets of any kind of commercially available pre- cooked frozen food, to be heated to a temp. of 70° C directly in its packet. Remove the food from any
 Packet of meat with rice and/or vegetables Packet of fish and/or pre-	400 gr 300 gr	5 5	2 - 4	metal containers and put it directly onto the plate from which it is to be eaten, increasing cooking time by a few minutes.
cooked vegetablesPacket of fish and/or raw vegetables	300 gr	5	6 - 8	Remove the raw food from the packets and place it in a container suitable for microwaves and cover.
 Portion of meat and/or vegetables Portion of pasta, cannelloni or lasagne Portion of fish and/or rice 	400 gr 400 gr	5 5 5	5 - 7 6 - 8 3 - 5	Portions of any kind of already cooked frozen food, to be heated to a temperature of 70°C. Place the frozen food in the plate from which it is to be eaten and cover it with another upturned
• Fornori of fish and/ of fice	300 gr	3	3-5	plate or pyrex dish. Check that it is hot in the centre; where possible, mix the food.
CHILLED DRINKS (INITIAL TEMP.	5°/8° C) U	P TO APPR	OX. 70°C	
1 cup of water1 cup of milk1 cup of coffee1 plate of broth	180 cc 150 cc 100 cc 300 cc	5 5 5 5	1′.30″ - 2 1′.15″ - 1′.45″ 1′.15″ - 1′.45″ 3 - 4	All the drinks should be mixed after being heated to make the temperature uniform. For the broth we recommend covering it with an upturned plate.
DRINKS AT ROOM TEMPERATUR	E (INITIAL T	EMP. 20°/	30°C) UP TO APPI	ROX. 70° C
1 cup of water1 cup of milk1 cup of coffee1 plate of broth	180 cc 150 cc 100 cc 300 cc	5 5 5 5	1'.15" - 1'.45" 1 - 1'.30" 0'.45" - 1'.15" 2 - 3	All the drinks should be mixed after being heated to make the temperature uniform. For the broth we recommend covering it with an upturned plate.

2.7 USING THE MICROWAVE-ONLY FUNCTION TO COOKING

MFATS

You can make roasts, braised meats and stews. Turn over and rotate those large pieces which cannot be stirred. Be careful not to be deceived by the meat's outward appearance (during and at the end of the cooking), because it may not have the brownish colour common to meats prepared in a regular oven. In return, however, the nutritional values and flavour of meat are retained to an exceptional degree.

POULTRY

You can defrost and then cook all types of poultry in a microwave oven. Poultry skin may not roast to the colour usually associated with other ovens: to obtain a golden brown tone, baste the skin with a brush dipped in melted butter or margarine.

FISH

In a microwave oven, fish can be prepared very quickly and with excellent results. You can season it with a little oil or butter (or not season it at all, if you so prefer). Cover the fish with clear-sheet. The skin is to be slit, of course, and filleted fish must be placed in a uniform fashion. We recommend that **you not use** this oven to cook fish which has been dipped in egg batter.

COOKING TIMES FOR MEAT, POULTRY AND FISH

Туре	Quantity	Power level	Time to be set (minutes)	Notes	Standing time (minutes)
BEEF Meat loaf Meat loaf	900 gr 800 gr	4 "	19 - 21 15 - 20	(*) Mix together 500 grams of ground beef, eggs, ham, bread crumbs, etc.	5 5
Loin Roast, leg VEAL	600 gr 1 kg	"	17 - 22 25 - 30	Turn at the halfway point	5 10
Stew Roast (rolled loaf) Sliced rump steak PORK	700 gr 1 kg 200 gr	" "	17 - 22 25 - 30 10 - 15	Stir 2 or 3 times Turn at the halfway point Turning not necessary	8 10 2
Coscia Arrosto Arista	500 gr 1 kg 700 gr	" " "	15 - 20 25 - 30 17 - 22	Turn at the halfway point Turn at the halfway point Turn at the halfway point	5 10 8
AGNELLO Leg Fresh hamburgers Goulash	1 kg 100 gr 1,5 kg	" 5	25 - 30 7 - 10 30 - 35	Turn at the halfway point Stir 2 or 3 times	10 3 3
Sausages	300 gr	4	10 - 14		3
POULTRY: CHICKEN Whole Half Pieces Breast	1,5 kg 500 gr 500 gr 500 gr	" " " "	40 - 45 15 - 20 15 - 20 10 - 15	Turn at the halfway point Turning not necessary Turning not necessary Turning not necessary	10 5 5 3
TURKEY Pieces Breast	1,5 kg 500 gr	" "	40 - 45 15 - 20	Turn at the halfway point Turning not necessary	8 8
DUCK Whole	1,5 kg	"	40 - 45	Turn at the halfway point	10
FISH Filleted Slices Whole Whole Crayfish Cut-up fish	300 gr 300 gr 500 gr 250 gr 500 gr 400 gr	4 " " " " " " " " " " " " " " " " " " "	5 - 7 7 - 9 8 - 10 5 - 7 7 - 9 7 - 9	Cover while cooking	2 2 2 2 2 2

^(*) These indications are suitable for performing the minced meat cooking test according to Regulation 60705, Para. 12.3.3.Cover the container with clear film for microwave use. Further information, including on other performance tests according to Regulation 60705, is given in the table on page 2.

GREENS AND VEGETABLES

Greens and vegetables cooked in a microwave oven retain more of their colour and nutritional value than when cooked in traditional ovens.

Per every 500 gr. of greens or vegetables add about 5 teaspoons of water

Greens and vegetables must always be covered with clear-sheet.

Sturdier Items (e.g., carrots) should be cut into regular-sized pieces.

Stir greens and vegetables at least once at the halfway point. Add a little salt only at the end.

COOKING TIMES FOR GREENS AND VEGETABLES

Туре	Quantity	Power level	Time to be set (minutes)	Notes	Standing time (minutes)
Asparagus	500 gr	5	8 - 9	Cut into 2-cm. pieces.	4
 Artichokes 	300 gr	"	10 - 11	It would be better to use artichoke bottoms.	4
• Green beans	500 gr	"	10 - 11	Cut into pieces.	4
• Broccoli	500 gr	"	6 - 7	Separate into individual "florets".	4
Brussels sprouts	500 gr	"	6 - 7	Leave whole.	4
 White cabbage 	500 gr	"	6 - 7	Cut into strips.	4
 Red cabbage 	500 gr	"	6 - 7	Cut into strips.	4
 Carrots 	500 gr	"	8 - 9	Cut into same-size pieces.	4
 Cauliflower 	500 gr	"	10 - 11	Separate into stalks.	4
 Celery 	500 gr	"	6 - 7	Separate into pieces.	4
 Eggplant 	500 gr	"	5 - 6	Cut into cubes.	4
• Leek	500 gr	"	5 - 6	Cut into strips.	4
 Mushrooms 	500 gr	"	5 - 6	Leave whole. No water is needed.	4
Onions	250 gr	"	4 - 5	Whole, but of the same size. No water is needed.	4
• Spinach	300 gr	"	5 - 6	Cover after having washed and drained the lea-	4
• Peas	500 gr	"	9 - 10	ves.	4
• Fennel	500 gr	,,	11 - 12	Cut into quarters.	4
Peppers	500 gr	"	8 - 9	Cut into pieces.	4
Potatoes	500 gr	"	7 - 8	Cut into same-size pieces.	4
• Zucchini	500 gr	"	6 - 7	Cut into slices.	4

N.B: The cooking times on this table are approximate and depend on the weight, the temperature before cooking, and the sturdiness as well as the constitution of the greens and vegetables.

SOUPS AND RICE

- Soups or broth usually require a smaller amount of liquid because the evaporation in microwave ovens is
 rather limited. Because it is a dehydrating agent, salt must be added only when the cooking is finished or
 during the standing time.
- It is correct to say that the temperature required for cooking rice in a microwave oven (as is true also for
 pasta) is more or less the same as that needed to cook this foodstuff over a burner on a regular stove. The
 advantage of preparing a risotto dish in a microwave oven lies in the fact that you do not have to stir the rice
 constantly (two or three times is enough).

The ingredients are placed in a container suitable for microwave ovens and covered with clear-sheet (for about 300 gr. of rice, you need 750 gr. of broth with the oven programmed at top power for about 12 to 15 minutes). In addition, the rice will not stick to the bottom of its container and, since it can be cooked in a tureen or some other such receptacle to be brought to the table, you will not have to transfer that rice to a serving plate.

BROWNING

The foodstuffs most difficult to brown while being cooked in a microwave oven are usually cutlets, scaloppine, and chicken breasts. To obtain such a browning effect, however, you are advised to grease the outer portion with butter (preferably combined with paprika). You will find on the market sauces especially researched to give colour to foodstuffs cooked in a microwave oven. In each and every case, you must allow the meats or fish to be browned to absorb some fatty and colouring substances.

FRUIT AND BAKED GOODS

Baked goods rise (at lower oven power) much more than then do with regular baking. Since no crust is formed, it is better to garnish the surface portions with cream or icing (e.g., chocolate); in addition, you must keep the item being baked fully covered, because such foodstuffs tend to dry out more quickly than those baked in a regular oven. Fruit is to be pierced if cooked with its peel on and is to be kept covered: it is essential that you adhere to the standing time (3 to 5 minutes).

TEMPI DI COTTURA PER DOLCI E FRUTTA

Type/quantity	Power level	Time to be set (minutes)	Standing time (minutes)	Notes
Nut cake (700 gr)	3	15 - 17	5	May be used in combination with any cream whatsoever
Viennese torte (850 gr)	"	19 - 21	5	To be filled with jam or jelly.
Pineapple cake (800 gr)	"	17 - 19	5	The pineapple slices can be laid on the bottom of the pin plate or cut into pieces and mixed into the dough.
Apple cake (1000 gr)	"	19 - 21	5	The apples are spread on top as a decorative effect.
Coffee cake (750 gr)	"	15 - 17	5	Excellent when filled with cream.
Zabaione	4	2 - 4	3	Mix with a whisk every 30 seconds
Cooked pears (300 gr)	5	4 - 6	3	The pears are to be cut into quarters.
Cooked apples (300 gr)	"	5 - 7	3 3 5	The apples are to be cut into pieces.
Egg custard (750 gr)	"	15 - 17	5	These indications are suitable for performing the cooking tests according to Regulation 60705, Para. 12.3.1.
Sponge cake (475 gr)	u u	5 - 7	5	These indications are suitable for performing the cooking tests according to Regulation 60705, Para. 12.3.2. Further information, including on other performance tests according to Regulation 60705, is given in the table on page 2.

2.8 PROGRAMMING SEVERAL OPERATIONS ONE AFTER ANOTHER

- You may set up the following sequences:
 - defrosting + cooking
 - cooking 1 + cooking 2
 - defrosting + cooking 1 + cooking 2

Example: Setting up a defrosting + cooking sequence



■ Push the **DEFROST** button (10). (The display will begin blinking at 0:00 and the defrosting function indicator at the upper left will come on).





2 Set the time desired by turning the knob x (6). (The display will begin blinking.)





Push the MICRO button (3). (The display will begin blinking at 0:00 and the microwave-function indicator at the upper left as well as the maximum-power indicator on the right will come on.)





Set the time desired by turning the knob ∑ (6). (The display will begin blinking.)





Push the POWER LEVEL button (11) until you have selected the power you wish to employ (5 = maximum, 1 = minimum). If you do not push this button, the oven will operate at full power. (On the display, the indicator at the bottom will show the power level selected.)







Push the **START** button (12) to initiate the sequence. (The display will show in order the time for the function selected.)



DEFROST_I |

Once the set time has elapsed, you will hear three long beeps and the word "END" will appear on the display.



2.9 USING THE "AUTOMATIC FUNCTIONS" KEYS

The AUTOMATIC FUNCTIONS keys are 3 different programmes with "pre-memorised" length of cooking time, power level and oven temperature; they afford excellent results for the dishes described in the following table.

Key	What to do	Suggestions
(3) Press 1 time Press 2 times Press 3 times Press 4 times	 Reheat one small cup of coffee (60 cc) already at room temperature. Reheat 2 small cups or one large cup of coffee (120 cc) already at room temperature Reheat one large cup (200 cc) still at refrigerator temperature Reheat one serving of soup (300 cc) still at refrigerator temperature. 	After having heated the liquid, stir well to give it an even temperature
(8) Chilled Ready Press 1 time Press 2 times	Meals Reheat a 100-gr. serving still at refrigerator temperature. Reheat 250 gr. of meat or meat + vegetables still at refrigerator temperature	Suggested for reheating foods cooked and placed in the refrigerator the previous day. Cover with transparent film or an upturned plate.
(9) Pizza frozen	pre-cooked food	
• Press 1 time	Heat 1 frozen pre-cooked pizza (300 gr.).	Place the pizza right on the turntable.
• Press 2 times	To reheat one pack (max. 300 gr. of frozen pre-cooked food or a max. of 300 gr. of frozen ready meals (eg. meat or vegetables).	If the pack is suitable for microwave cooking, rest it directly on the turntable.
Press 3 times	To reheat two packs (max. 550 gr. of frozen pre-cooked food or a max. of 550 ge. of frozen ready meals (eg. meat or vegetables).	Alternatively tip the contents of the tray onto the serving plate and cover it with transparent film or an upturned plate.

TO SET PRE-MEMORISED COOKING TIMES, PROCEED AS FOLLOWS



Press the Automatic function button desired. (The pre-set time will blink on the display, while the second indicator in the upper left and the one below it for the preset microwave power will switch on.





2 Push the **START** button (12) to turn the oven on.



3 When the set time has expired. you will hear three (3) long beeps and the word "END" will appear on the display.



2.10 PROGRAMME: FROM 1 TO 6 MINUTES AT MAXIMUM POWER

This function is very useful when heating small amounts of food or drink, or for adding an extra minute when cooking time has already elapsed.



Push the + 1 MIN button (2). (The display will begin blinking at 1,00 and the second indicator at the upper left for the microwave function as well as the first indicator at the lower right for the microwave power will come on.)



The temperature increases by 30 seconds every time you push the button up to a maximum of 6 minutes.





2 Push the START button (12) to activate the microwaves.



3 Once the set time has elapsed, you will hear three long beeps and the word "END" will appear on the display.



2.11 CHILD SAFETY DEVICE

To prevent unwanted and accidental use of the oven, the electronic control un it is fitted with the following safety devices

START button block (12)

When the oven is off and programming has not begun (the clock is displayed), keep the **START** button (12) depressed for 5 seconds.

You will hear a short beep and it will no longer be possible to cook with the oven. To turn off the safety block, keep the **START** button (12) pressed until you hear a beep. **Cooking time modification block**

When set, this safety device prevents cooking times from being tampered with or modified while cooking is underway. This avoids the time being accidentally and dangerously prolonged (the food might burn!). When the oven is off and programming has not begun (the clock is displayed), press the **STOP** button (5) for

5 seconds.

You will hear a short beep and it will no longer be possible to modifying cooking times while cooking in

To turn off the safety block, keep the **STOP** button (5) pressed until you hear a "beep".

CHAPTER 3 - CARE AND CLEANING

3.1 CLEANING

Always switch off at the power socket, disconnect the plug and wait for the appliance to cool down, before any cleaning and maintenance is carried out.

The internal cavity of your oven is covered with a special non-stick finish to which splashes and food particles do not stick, making cleaning particularly simple. Always keep the microwave outlet cover (C) clean and free from grease and splashes of fat.

Do not use abrasive detergents, wire sponges and sharp metal tools when cleaning the external surface of the oven. Also be careful to ensure that water or liquid detergent does not penetrate the air and steam vent grilles on the top of the appliance. It is also advisable not to use alcohol, abrasive detergents or ammonia-based detergents to clean the internal and external surfaces of the door. Do not steam clean the inside of the oven.

Always keep the inside of the door clean to ensure that it closes properly, so that dirt and food residues do not become trapped between the door and the front panel of the oven.

Check from time to time that the ventilation openings located on the back and underneath the cabinet which houses the appliance are free from any obstructions or dust.

Contact your Service Assistance Centre for any necessary controls of the ventilation openings found on the back of the appliance.

It is necessary to remove the turntable (E) and its corresponding support (F) periodically in order to clean them; the bottom of the oven should also be cleaned.

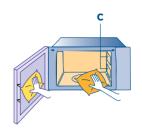
Wash the turntable and its support in soapy water using mild soap. They can also be washed in a dishwasher.

Do not immerse the turntable in cold water after prolonged heating; the sudden change in temperature would cause it to crack.

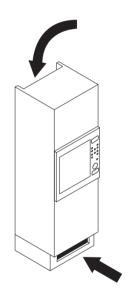
The turntable motor is sealed. When cleaning the bottom, you should nevertheless take care to avoid water penetrating under the turntable spindle (D)

Disposal of old electrical appliances

The European Directive 2002/96/EC on Waste Electrical and Electronic Equipment (WEEE), requires that old household electrical appliances must not be disposed of in the normal unsorted municipal waste stream. Old appliances must be collected separately in order to optimise the recovery and recycling of the materials they contain and reduce the impact on human health and the environment. The crossed out "wheeled bin" symbol on the product reminds you of your obligation, that when you dispose of the appliance it must be separately collected. Consumers should contact their local authority or retailer for information concerning the correct disposal of their old appliance.









3.2 MAINTENANCE

Se qualcosa non sembra funzionare o nel caso si verificasse un difetto, rivolgersi al Servizio Assistenza autorizzato dal costruttore. In ogni caso, prima di interpellare i nostri tecnici, conviene effettuare i seguenti semplici controlli:

PROBLEM	CAUSE/SOLUTION
The appliance does not work	 The door is not closed properly. The plug is not correctly inserted. No power at the socket (check the fuse box) The time has not been set correctly.
Condensation on the work surface, inside the oven or around the door.	When food is cooked which contains water it is quite normal for the steam which is generated inside the oven to escape and condense inside the oven, on the cooking surface or around the doorframe.
Sparks inside the oven	Do not turn the oven on without food in Microwave and Combined cooking modes. Do not use metal containers for the above cooking modes or bags or packets with metal parts.
The food does not heat or cook properly	 Select the correct cooking mode or reduce the cooking time. The food has not been completely defrosted before being cooked.
The food burns	Select a lower power level or or reduce the cooking time.
The food does not cook evenly	Stir the food during cooking. Remember that food cooks better when cut in evenly-sized pieces. The turntable does not rotate.

NOTE: The oven may be used safely even if the light bulb is not working. Contact an authorised Service Centre for bulb replacement.