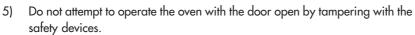
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### 1.1 IMPORTANT SAFETY WARNINGS

### Read carefully these instructions and keep for future reference

- 1) WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person (trained by the manufacturer or by its Customer Service).
- 2) WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.
- 3) WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
- 4) WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use. Do not allow children near the oven when it is in operation, as this may result in severe burns.



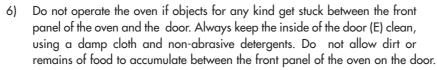




fig. 1

- 7) Do not operate the oven if the supply cable or the plug is damaged, as this may result in electric shocks.
- 8) If smoke is observed, switch off or unplug the appliance and KEEP THE DOOR CLOSED in order to stifle any flames.
- 9) Only use utensils that are suitable for use in microwave ovens. In order to avoid overheating and the consequent risk of fire, it is advisable to supervise the oven when cooking food in disposable containers made of plastic, cardboard or other inflammable materials, and when heating small quantities of food.
- 10) Never place the turntable in water after it has ben heated for a long time. The high thermal shock resulting would break the turntable.
- 11) When cooking "Only MICROWAVE" and "COMBINED WITH MICROWAVE", you absolutely must not pre-heat the oven (without foodstuffs in it) and you must not operate it when it is empty, because you might cause sparking.
- 12) Before using this oven, check to be certain that the utensil and containers chosen are suitable for microwave oven use (see the section on "OVENWARE TO BE USED").
- 13) During the use the appliance becomes hot. Do not touch the heating elements inside the oven.
- 14) When heating liquids (water, coffee, milk, etc.) it is possible that the contents may suddenly start to boil and spill violently as a result of delayed boiling, causing scalding. To avoid this happening, you should place a heat-resistant plastic spoon or a glass rod in the container before starting to heat liquids. Anyway, care shall be taken when handling the container.





- 15) Do not heat spirit with a high alcohol content, nor large quantities of oil, as these could catch fire!
- 16) The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature shall be checked before consumption in order to avoid burns. It is also advisable to stir or shake the food in order to ensure that it has an even temperature.

When using commercially available bottle sterilisers, before turning the oven on, ALWAYS make sure the container is filled with the quantity of water indicated by the manufacturer.

NOTA BENE: Quando si avvia l'apparecchio per la prima volta, è possibile che per un periodo di 10 minuti circa, produca un odore di "nuovo" e un po' di fumo. Ció è causato solamente dalla presenza di sostanze protettive applicate alle resistenze.



### 1.2 TECHNICAL DATA

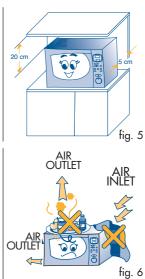
ENERGY CONSUMPTION (CENELEC HD 376 norms)					
To reach 200°C	0,3 kWh				
To maintain a temperature of 200°C for an hour	1,1 kWh				
Total consumption	1,4 kWh				

For further data, consult the data plate placed on the rear of the appliance.

This appliance conforms to E.E.C. directive no. 89/336 and 92/31 regarding Electromagnetic Compatibility, and to directive 89/109/E.E.C. regarding materials which come into contact with food.

### 1.3 INSTALLATION AND ELECTRICAL CONNECTION

- After removing the oven from the box, remove the protective packaging containing the turntable (I) and its support (L) and all the accessories. Check that the turntable spindle (D) is inserted correctly in the special slot in the centre of the turntable.
- 2) Clean the inside with a soft, damp cloth.
- Check that there is no damage as a result of transportation, and in particular that the door opens and closes properly.
- 4) Place the appliance on a flat, stable surface at a height of at least 85 cm, out of the reach of children, since the door can become very hot during cooking.
- 5) When positioning the appliance on the worktop, make sure that there a gap o approx. 5 cm between the surfaces of the appliance and the rear and side walls, and a gap of at least 20 cm above the oven (fig. 5).
- 6) Do not block the air intake vents. In particular, do not place any objects on top of the oven and check that the air and steam outlets (placed on the top, on the bottom and or on the back of the appliance) are ALWAYS FREE OF OBSTRUC-TIONS (fig. 6).
- 7) Place the support (L) in the centre of the circular groove and attach the turn-table (I) to it. The spindle (D) should be inserted in the corresponding groove in the centre of the turntable.
- 8) When you turn the oven on for the first time, there may be an odour of "newness" and a bit of smoke for about ten minutes. This is completely normal, and it is caused by substances used to protect the heating elements.

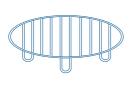


N.B. The appliance must not be placed on or near sources of heat (for example on the refrigerator) (fig. 7).

- 9) Only connect the appliance to a power socket with a power capacity of at least 16A. Also make sure that the main switch installed in your home has a minimum power capacity of 16A in order to avoid it suddenly tripping while the oven is on.
- 10) Before use, check that the power supply voltage is the same as the one shown on the rating label and that the power outlet is properly earthed: the manufacturer declines any liability if this safety norm is not observed.



### 1.4 ACCESSORIES SUPPLIED

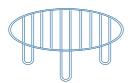


# LOW WIRE RACK Fan Oven Only mode:

for all types of traditional cooking, especially cakes

# Combined microwave and fan oven mode:

for rapid cooking of meat, potatoes and some cakes which rise.



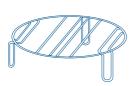
# HIGH WIRE RACK Grill Only mode:

for all types of grilled food.



### TURNTABLE

The turntable is used for all the modes.



### MEDIUM SPACER WIRE RACK

For all types of cooking on two levels SIMULTANEOUSLY (for example: large quantity of food or several different types of food). See instructions on page 22.

### 1.5 OVENWARE TO BE USED

In the "Microwave Only" and "Microwave Combined" modes, all types of containers in glass (preferably Pyrex), ceramics, china and terra-cotta may be used provided that they are undecorated and free of metal parts (i.e. gilt trimmings, handles, feet etc.). Heat resistant plastic containers can also be used, but only for "Microwave Only" cooking. If you are still doubtful about using a particular container, you can perform a simple test. Place the empty container in the oven for 30 seconds at maximum power ("Microwave Only" function). If the container is still cold or only slightly warm, it is suitable for microwave cooking.

If it is very hot or gives out sparks, it is not suitable. Paper napkins, cardboard trays and disposable plastic plates can also be used for short cooking times. The size and shape of the containers must be such as to allow them to rotate properly inside the oven. **Metal, wood, cane and crystal containers are not suitable for microwave cooking.** It is worth remembering that - since microwaves heat the food, not the dish - it is possible to cook the food directly on the plate on which it is to be served. This means that you do not need to use, and wash up, saucepans. However, remember that heat may be transferred from the food itself to the plate, making it necessary to use an oven glove.

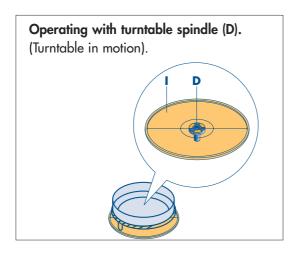
If the oven has the "Fan Oven Only" or "Grill only" settings, all types of oven containers may be used. In any case, observe the guidelines shown in the following table:

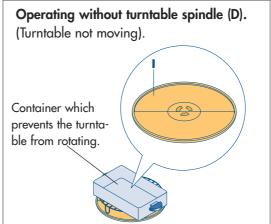
		Glass	Pyrex	Glass- ceramics	Terracotta	Silver foil	Plastic	Paper or cardboard	Metal contai- ners
Mode:	"Microwave Only"	YES	YES	YES	YES	NO	YES	YES	NO
Mode:	"Combined"	NO	YES	YES	YES	NO	NO	NO	NO
Mode:	"Fan Only" "Grill Only"	NO	YES	YES	YES	YES	NO	NO	YES

### **Blocking the Turntable for Large Containers**

In order to use large rectangular containers (which are not able to rotate in the oven), you only need block the rotation of the turntable (I) by removing the turntable spindle (D) from its slot, as shown in the figures below. Warning: this operation is possible ONLY for the "Fan Oven Only" mode.

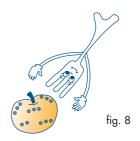
Bear in mind that in order to guarantee satisfactory results in these circumstances you need to stir the food and rotate the container several times during cooking.

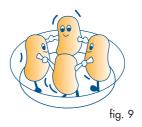


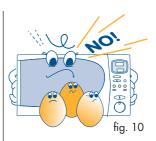


### 1.6 FUNDAMENTAL RULES FOR MICROWAVE COOKING

- One of the main procedures to be performed is to stir the food several times during cooking: this serves to make the temperature more evenly spread and thus to reduce the cooking time.
- It is also advisable to turn food during cooking.
- 3) Food with skin, shell or peel (e.g. apples, potatoes, tomatoes, frankfurters and fish) should be **pierced in several places** with a fork in order to let out the steam without the skin or peel bursting (fig. 8).
- 4) If many portions of the same food are cooked, for example boiled potatoes, arrange them in a ring around the dish to obtain even cooking (fig. 9).
- 5) Cover the food with transparent film, grease proof paper, a glass lid or simply with an upturned plate in order to reduce the amount of condensation that forms inside the oven, on the shelf on which the food rests or around the door. Also food with a high water content (e.g. vegetables) cooks better if covered. Covering food also helps keep the inside of the oven clean. Use transparent film which is suitable for microwave ovens.
- 6) In "Microwave Only" mode and in the "Combined" modes, the oven must under no circumstances be preheated or made to work when empty (without food), as sparks may be produced which would result in damage to the appliance.
- 7) Do not cook eggs in their shells (fig. 10): the pressure which builds up on the inside would cause the egg to explode, even after cooking has finished. Do not heat up eggs which have already been cooked, unless they are scrambled.
- 8) Do not forget to open containers which are air-tight or sealed before heating or cooking food in the oven. The pressure on the inside of the container would rise, causing them to explode even after cooking has finished.







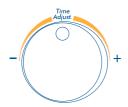
### 2.1 SETTING THE CLOCK

When the appliance is connected to the domestic power supply for the first time, or after a power cut, four dashes will appear on the display (----).
 In order to set the time of day, proceed as described below:



Press the "Clock" key (6). (The hours flash on display 1)





Set the desired time by turning the Time Adjust knob (14).

(The hours flash on display 1)

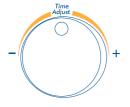




3 Press the "Clock" key (6) again.

(The minutes flash on display 1)





4 Set the desired minutes by turning the Time Adjust knob (14)

(The minutes flash on display 1)





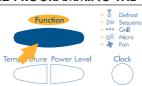
Press the "Clock" key (6) again.

(The display shows the time set)



- If you wish to change the hour on the dial once it has been set, press the "Clock" key (6) before proceeding to set the new time as described above.
- It is possible to display the current time even after starting the mode set, by pressing the "Clock" key (6) (the time is displayed for 3 seconds).

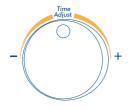
### 2.2 PROGRAMMING THE COOKING



Press the Function key (3) (mode selection) and select the desired mode, which will be shown by the corresponding indicators coming on, on display 1. The available modes are:



INDICATOR	MODE SELECTED	INDICATOR	MODE SELECTED
	Microwave Only Automatic Defrosting Combined Microwave e Fan Oven		Combined Microwave and Grill Fan Oven Only Grill Only



Set the length of cooking time, in minutes, by turning the Time Adju**st** knob (14).

> In order to choose the length of cooking time, always consult the tables shown in Chapter 3.





In the modes:

Microwave Only Combined Microwave + Fan Oven

Combined Microwave + Grill



select the microwave power level by repeatedly pressing the Power Level key (5) until the indicator of the desired level of power appears on display 1. In order to select the power, always consult the tables shown in Chapter 3.

Note • it is not necessary to select any level of power for the Automatic Defrosting mode.

- in the Combined Microwave + Fan Oven mode the maximum microwave power which can be selected is 650 Watts.
- it is possible to modify the power set even during cooking, simply by pressing the Power Level key (5).



In the modes:

Combined microwave + fan oven

Fan oven only



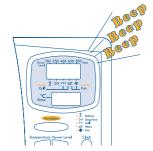
select the cooking temperature by repeatedly pressing the **Temperature** key (4) until display 2 (below) shows the desired temperature. In order to select the temperature, always consult the tables shown in Chapter 3.

- **Note** once the cooking has been started, display 2 will show the increase in real temperature inside the oven.
  - once the temperature set has been reached, a sound signal will be emitted (5 beeps). The temperature set will then remain shown on display 2.
  - it is possible to modify the power set even during cooking, simply by pressing the Temperature key (5).



Start the cooking process by pressing the Start key (13). The countdown of the remaining cooking time will appear on the display, and if included in the mode, the oven temperature.

**Note:** • should the cooking process for any reason fail to start, all the settings will be automatically cancelled after 2 minutes.



When cooking finishes, a sound signal is emitted (3 beeps) and the word "END" will appear on the display. Open the door and take out the food (the time of day will appear, or if the oven is hot, the word "COOL" – see note below).

- Note: it is possible to check the progress of the cooking set at any time, by opening the door and inspecting the food. This interrupts the emission of microwaves and oven stops working until the door is closed again and the **Start** key (13) is pressed.
  - Should it be necessary for any reason to suspend the cooking without opening the door, you only need press the **Stop/Clear** key (12).
  - In order to complete the cooking, proceed as follows:
    - if the oven door is open, press the **Stop/Clear** key (12) once;
    - if the door is closed and cooking is underway, press the **Stop/Clear** key (12) twice; the display will go back to showing the clock.
  - this model is equipped with an automatic cooling cycle which comes into action whenever the oven is very hot (for example after something has been cooked for a long time). During this cycle the word "COL" will appear on display 1. The fans, the oven light and the turntable will come on (they will go off automatically).

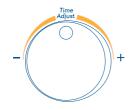
### 2.3 AUTOMATIC DEFROSTING AND COOKING SEQUENCE

In order to programme an automatic defrosting and cooking sequence proceed as follows:



Set the automatic defrosting mode by pressing the Function key (3) twice (mode selection). The indicator corresponding to the automatic defrosting will appear on the display.





Set the length of time required for the defrosting (in minutes) by turning the Time Adjust knob (14).





3 Set the cooking by selecting the desired mode with the Function key (3) (mode selection) until the corresponding indicators appear.

(ex. Combined microwave + fan function)





Adjust the length of cooking time and, if included in the mode, the microwave power level and the oven temperature as shown in the preceding paragraph (par. 2.2). The **Sequence** indicator >> will begin to flash.

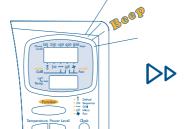




Press the Start key (13). The Sequence indicator will flash on display 1 during all the time the defrosting takes place. The passage from defrosting to cooking will be signalled by a sound signal.

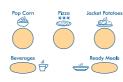








### 2.4 RECALLING THE PRE-MEMORISED RECIPES ("QUICK MENU" KEYS)



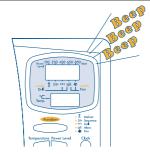
Press the desired "Quick Menu" key.

(The indicators of the length and temperature set will flash on the display and the pre-memorised mode and power level indicators will come on.)

Consult paragraph 3.8 in order to choose the most suitable menu.



2 Press the **Start** key (13) in order to start cooking.



At the end of the time set 3 long beeps will be heard and the word "END" will appear on the display.

### 2.5 QUICK REHEAT

This mode is very useful for heating small quantities of food and drink.

- Press the Start key (13); the oven will come on for 30 seconds at maximum power. By pressing the key
  again the time will increase by 30 seconds each time up to 3 minutes.
- This mode is activated only if it is carried out within 1 minute after the food has been placed in the oven.
   The Quick Reheat is also useful to complete unfinished cooking.

### 2.6 CHILD SAFETY

The oven is equipped with a safety device which prevents pre-set cooking times from being tampered with while the cooking is underway, in order to avoid accidental and dangerous extensions to the cooking time which might cause the food to burn.

To activate the safety device:

- Keep the Stop/Clear key (12) pressed down for 5 seconds.
- A short beep is emitted: from this point it will no longer be possible to alter the times during all cooking.
- In order to deactivate the safety device once it has been previously activated, keep the Stop/Clear key
   (12) pressed until the beep is heard.

### 3.1 DEFROSTING

- Frozen food in plastic bags, plastic film or cardboard packets can be placed directly in the oven for defrosting as long as the packet has no metal parts (e.g. metal ties or staples).
- Certain foods, such as vegetables and fish, do not require complete defrosting before being cooked.
- Boiled foods, stews and meat sauces defrost better and more quickly if they are stirred from time to time, turned over and/or separated.
- Meat, fish and fruit lose a certain amount of liquid during defrosting. Defrost these foods in a bowl.
- It is advisable to separate each individual piece of meat into its own bag before putting it into the freezer. This will
  enable you to save precious preparation time.
- It is important to observe the standing times immediately after defrosting, before cooking; the standing time (in minutes) is the length of time for which the food must be left to stand to allow the heat to continue spreading evenly in the food.

### TABLE OF DEFROSTING TIMES IN "AUTOMATIC DEFROSTING" MODE

IADEL OF DEFROS	11110 1111	120 111	TOTOTIL LITE DELIKOOTII TO		
ТҮРЕ	QUANTITY	TIME (minutes)	NOTES/SUGGESTIONS	WIRE RACK TO BE USED	STANDING TIME
MEAT					
• Roasts (pork, beef, veal etc.)	1 kg	21 - 23		None	20
• Steaks, chops, rashers	200 gr	5 - 7	Turn over halfway through defrosting	None	5
Stew, goulash	500 gr	12 - 14	l iorn over nailway inrough derrosiing	None	10
Minced				None	15
Vilnced	250 gr	6 - 8			15
	500 gr	10 - 12	See note *	None	
Hamburgers	200 gr	6 - 8		None	10
Sausages	300 gr	8 - 10		None	10
POULTRY					
Duck, turkey	1,5 kg	27 - 29	Turn the poultry over halfway through .	None	20
Whole chicken	1,5 kg	27 - 29	When the standing time is over, wash	None	20
Pieces of chicken	850 gr	16 - 18	under warm water to remove any ice.	None	10
Chicken breast	300 gr	10 - 12	onder warm water to remove any tee.	None	10
VEGETABLES	000 gi	10 12			
Aubergines in cubes	500 gr	15 - 17		None	5
Sliced peppers				None	5
	500 gr	14 - 16		None	
• Shelled peas	500 gr	11 - 13			5
Artichoke hearts	300 gr	8 - 10		None	5
Chopped asparagus	500 gr	12 - 14		None	5
Sliced green beans	500 gr	14 - 16	Stir the vegetables occasionally to speed up	None	5
Whole broccoli	500 gr	13 - 15	the defrosting process.	None	5
Brussels sprouts	500 gr	13 - 15	01	None	5
Sliced carrots	500 gr	12 - 14		None	5
Cauliflower tops	450 gr	11 - 13		None	5
Mixed vegetables	300 gr	7 - 9		None	5
Sliced spinach	300 gr	8 - 10		None	5
FISH	300 gr	0 - 10		None	
• Fillets	200	0 10		None	7
	300 gr	8 - 10	_ , 6, , , ,		
• Slices	400 gr	9 - 11	Turn the fish over halfway through	None	7
• Whole	500 gr	11 - 13	defrosting	None	7
• Prawns	400 gr	9 - 11		None	7
MILK/DAIRY PRODUCTS					
Butter	250 gr	5 - 7	Remove the silver foil or the metal parts should not be completely defrosted.	None	10
• Cheese	250 gr	6 - 8	Observe the standing time. The cream	None	15
• Cream	200 ml	8 - 10	should be removed from its container and placed in a dish.	None	5
BREAD					
2 medium-sized rolls	1.50	1 0		None	2
	150 gr	1 - 3	L		3
• 4 medium-sized rolls	300 gr	3 - 5	Put the bread directly onto the turntable.	None	3
Sliced bread	250 gr	3 - 5		None	3
Sliced wholemeal bread	250 gr	3 - 5		None	3
FRUIT	_				
• Strawberries, plums, cherries, redcurrants, apricots	500 gr	9 - 11	Stir 2-3 times	None	10
<ul> <li>Raspberries</li> </ul>	300 gr	6 - 8	Stir 2-3 times	None	10
Blackberries	250 gr	4-6	Stir 2-3 times	None	6
	200 9.				

<sup>\*</sup> These guidelines are suitable for carrying out the Defrosting Test for mince according to IEC Regulation 705, Par. 18.3, (see par. 2). Turn the block upside down halfway through the time set. The block which is to be defrosted should be placed directly on the turntable. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

### 3.2 REHEATING

Reheating food is one of the modes in which your microwave oven displays all its usefulness and efficiency. Compared to traditional methods, using a microwave obviously saves time and therefore electricity.

- It is advisable to reheat food (especially if it is frozen) to a temperature of at least 70°C (it must be piping hot). This means the food will not be ready to eat immediately because it is too hot!) but it will be completely sterilised.
- In order to reheat pre-cooked or frozen food, always observe the following rules:
  - always remove the food from metal containers
  - cover it with transparent film (of the kind suitable for microwave ovens) or grease proof paper so that all the natural flavour is preserved and the oven will stay cleaner; the food may also be covered with a an upturned plate;

  - if possible, stir or turn the food frequently in order to speed up the reheating process and to make it cook more evenly; follow the cooking times shown on the packet with considerable caution; remember that, under certain conditions, the times shown must be increased
- Frozen food must be defrosted before being reheated. The lower the initial temperature of the food, the longer the reheating time will have to be.

Note: some dishes can also easily be reheated by using the "Quick Menu" pre-memorised recipes (see table on page 21).

#### TABLE OF REHEATING TIMES

IABLE OF REHEATING TIMES							
ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/SUGGESTIONS		
SOFTENING AND MELTING FO	OD						
Chocolate/icing	100 gr	$\gg$	450	4 - 5	Put in a dish. It is not necessary to stir chocolate cubes. Mix		
Butter	50-70 gr	"	810	0,5-0,10	the icing once.		
CHILLED FOODS (5-8°C) up to				, ,	0		
Yoghurt	125 gr	"	850	0,15-0,20	Remove the metal top. Heat the baby's bottle without the teat and		
• Feeding bottle	240 gr	II	850	0,30-0,35	mix it immediately after heating to make the temperatura uniform. Check the temperature of the contents before use. With milk at room temperature the heating time is lower. To avoid risk of fire when using dried milk please stir evenly. Please use already sterilized milk.		
PRE-COOKED CHILLED FOODS		5-8°C)					
Packet of lasagne or stuffed pasta	400 gr	"	850	4 - 6	Packets of any type of pre-cooked food available in the shops, to be reheated to 70°C. Remove the food from any metal		
<ul> <li>Packet of meat with rice</li> </ul>	400 gr	"	850	4 - 6	packets and put it directly onto the plate from which it is to be		
and/or vegetables					eaten. For best results the food should always be covered.		
<ul> <li>Packet of fish and/or vegetables</li> </ul>	300 gr	"	850	3 - 5	,		
Plate of meat and/or vegetables	400 gr	"	850	5 - 7	Plate of meat and/or vegetables Portions of any type of cooked		
Plate of pasta, cannelloni	400 gr	"	850	5 - 7	food to be reheated to 70°C. The food should be placed directly		
or lasagne	9.				onto the plate from which it is to be eaten and should always be		
Plate of fish and/or rice	300 gr	"	850	4 - 6	covered either with transparent film or with an upturned plate.		
FROZEN FOOD TO BE REHEATE	D/COOKED	(initial tomp	-18/-20°C\				
Packet of lasagne or	400 gr	minui iemp.	850	6 - 8	All kinds of pre-cooked frozen food to be reheated to 70°C		
stuffed pasta	400 gi		050	0 0	directly in the packet. For metal containers, place the food		
Packet of meat with rice	400 gr	"	850	5 - 7	directly onto the dish from which it is to be eaten and increase		
and/or vegetables	.00 g.			,	the cooking time by a few minutes.		
Packet of pre-cooked fish	300 gr	"	850	3 - 5	,		
and/or vegetables	Ŭ						
Packet of fish and/or	300 gr	"	850	8 - 10	Remove raw food from the packets, place it in a container		
raw vegetables	000 gi		050	0 10	suitable for microwaves and cover.		
Portion of meat and/or vegetables	400 gr	"	850	6 - 8	Portions of cooked frozen food to be heated to 70°C. Place		
Portion of pasta, cannelloni	400 gr	"	850	7 - 9	the frozen food onto the dish from which it is to be eaten and		
or lasagne	9.				cover it with an upturned plate or Pyrex lid. Make sure that it		
• Portion of fish and/or rice	300 gr	n .	850	4 - 6	is thoroughly heated in the centre; if possible, stir the food.		
CHILLED DRINKS (5-8°C) up to (							
• 1 cup of water	180 cc	"	850	2 - 2,30"	All drinks should be shaken after reheating to spread the tempe-		
• 1 cup of milk	1 <i>5</i> 0 cc	"	850	1,30" - 2	rature evenly. We recommend covering clear soup with an uptur-		
• 1 cup of coffee	100 cc	n n	850	1,30" - 2	ned plate.		
• 1 bowl of clear soup	300 сс	"	850	4 - 5			
DRINKS AT ROOM TEMPERATU	RF From 20-3	80°C up to ar	prox 70°C -				
• 1 cup of water	180 cc	"	850	1,30" - 2	All drinks should be shaken after reheating to spread the tempe-		
• 1 cup of milk	150 cc	"	850	1 - 1.30"	rature evenly. We recommend covering clear soup with an uptur-		
• 1 cup of coffee	100 cc	"	850	1 - 1,30"	ned plate.		
• 1 bowl of clear soup	300 cc	"	850	3 - 4	The picto.		
	500 00		000	5 4			

### 3.3 - COOKING ANTIPASTI AND FIRST COURSES

Vegetable soups and other soups in general require less liquid because in a microwave oven evaporation is rather minimal. Salt must be added only at the end of cooking or during standing time as it dehydrates the food.

It is fair to say that the time needed to cook rice in the microwave oven (as indeed for pasta) is more or less equal to that needed to cook it on a stove in the traditional manner. The advantage of preparing a risotto in a microwave oven is that it does not need stirring continually (this only needs to be done 2 or 3 times).

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO USE
• Lasagne	1100 gr	<b>₩</b> +₩	850	-	8	Suitable times for raw pasta. If the pasta is pre- cooked, 8 minutes of Combined MICROGRILL	None
			850	-	12	cooking is enough.	
Gnocchi alla romana	600 gr	<b>≋ ***</b>	850	-	12	Avoid piling them up too heavily	None
• Macaroni	1500 gr	<b>≋ ***</b>	850	-	8	The pasta should have previously been boiled separately.	None
• Risotto	300 gr. di riso	<b>\$</b>	850	-	12-15	The ingredients should all be placed together in a container suitable for microwaves and covered with transparent film (750 g of clear soup is needed for 300 g of rice with the microwaves on full power for approx. 10-12 minutes).	None
• Pizza	800 gr	*	-	200°C	30	Spread the pizza on oven paper resting on a shelf for cakes or on the detachable base of metal baking tin for cakes. Preheat the oven to 200°C.	Low
• Fresh Quiche Lorraine	800 gr	*	-	160°C	40	Use a cake tin with a handle (the oven should be pre-heated).	Low
• Frozen Quiche Lorraine	550 gr	*	-	190°	45	Place on the bottom of a metal baking tin (the oven should be pre-heated).	Low

### 3.4 - COOKING MEAT

Cooking is closely linked to the size and uniformity of the food which is to be cooked: kebabs cook before a roast because they consist of smaller, more evenly-sized pieces of meat. To keep roasts, chicken and kebabs moist, it is advisable to add 1/2 cup of water at the start of cooking.

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minuti	NOTES/SUGGESTIONS	WIRE RACK TO USE
•Roasts (pork, beef)	1000 gr	<b>% ★</b>	450	190°C	35-40	Leave on a little fat to avoid it drying out. Do not add much sauce.	Low
Meatloaf	800 gr	<b>*</b>	450	180°C	22-25	Mix 500 g of minced beef with egg, ham, grated Bread, etc. Add a touch of oil and a little white wine.	Low
Meatloaf	900 gr	<b>S</b>	650	-	20	See note *	None
Whole chicken	1200 gr	<b>\$</b>	650	190°C	38-42	Prick the skin to allow the fat to run off. See note **	Low
Pieces of chicken	850 gr	<b>≶ \$</b>	650	190°C	25-30	Stir once during cooking	Low
<ul> <li>Kebabs</li> </ul>	600 gr	<b>\$</b>	450	180°C	17-20	Turn halfway through cooking	Low
•Goulash	1500 gr	<b>S</b>	850	-	35-40	Cook uncovered and stir 2-3 times	None
<ul> <li>Chicken breast</li> </ul>	500 gr	<b>%</b>	650	-	13-15	Turn halfway through cooking	None
•Veal or pork chop	3 pieces	***	-	-	17-19	Preheat the oven for 3 minutes. Turn through cooking, as the heating element only irradiates heat from the upper part of the oven.	High
• Sausages	3 pieces	***	-	-	10-12	Preheat the oven for 3 minutes. Turn through cooking, as the heating element only irradiates heat from the upper part of the oven.	High
Hamburgers	3 pieces	***	-	-	10-12	Preheat the oven for 3 minutes. Turn through cooking, as the heating element only irradiates heat from the upper part of the oven.	High

<sup>\*</sup> These guidelines are suitable for carrying out the Cooking Tests for mince according to IEC Regulation 705, Par. 17.3, Test C. Cover the container with transparent film suitable for microwave ovens. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

<sup>\*\*</sup> These guidelines are suitable for carrying out the Cooking Tests according to IEC Regulation 705, Par. 17.3, Test F. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

### 3.5 - COOKING SIDE DISHES AND VEGETABLES

Vegetables cooked in a microwave oven preserve their colour and nutritional value better than in traditional cooking. Wash and peel the vegetables before starting to cook.

The larger vegetables should be cut into evenly-sized pieces.

Add approx. 5 spoonfuls of water for every 500g of vegetables (vegetables which have a high fibre content require more water). The vegetables should always be covered with transparent film.

Stir at least once halfway through cooking and add a little salt only at the end.

Warning: the cooking times in the table are purely intended as guidelines and are on the basis of the food's weight and initial temperature as well as its consistency and structure.

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO USE
Asparagus	500 gr	<b>SS</b>	850	-	9-10	Cut into 2 cm pieces and cover	None
<ul> <li>Artichokes</li> </ul>	300 gr	<b>\$</b>	850	-	11-12	Cut the stalk and cover	None
• Green beans	500 gr	<b>\$</b>	850	-	11-12	Cut in pieces and cover	None
• Broccoli	500 gr	<b>\$</b>	850	-	7-8	Separate into single "flowers" and cover	None
Brussels sprouts	500 gr	<b>%</b>	850	-	7-8	Leave whole and cover	None
White cabbage	500 gr	<b>\$</b>	850	-	7-8	Leave whole and cover	None
• Red cabbage	500 gr	<b>%</b>	850	-	7-8	Leave whole and cover	None
• Carrots	500 gr	<b>%</b>	850	-	9-10	Cut into evenly-sized pieces and cover	None
Cauliflower	500 gr	<b>S</b>	850	-	11-12	Separate into tops and cover	None
• Cauliflower in béchamel sauce	1000 gr	<b>*</b> +\$	850	-	10 + 8	Times with raw cauliflower. If pre-cooked, needs only 10 minutes with grill in Combined mode	None
• Celery	500 gr	<b>S</b>	850	-	7-8	Separate into pieces and cover	None
<ul> <li>Aubergines</li> </ul>	800 gr	<b>S</b>	850	-	6-7	Cut into cubes and cover	None
Grilled aubergines	4 fette	***	-	-	9-11	Preheat for 3 minutes. Turn halfway through cooking	High
Aubergines "alla parmigiana"	1300 gr	<b>≋ ••••</b>	850	-	8	The aubergines may be first grilled or fried	None
•Leeks	500 gr	<b>S</b>	850	-	6-7	Leave whole and cover	None
Button mushrooms	500 gr	<b>S</b>	850	-	6-7	Leave whole and cover. No need for water	None
• Onions	250 gr	<b>S</b>	850	-	5-6	Whole in equal sizes. No need for water	None
Spinach	300 gr	<b>S</b>	850	-	6-7	Cover after washing and draining	None
• Peas	500 gr	<b>S</b>	850	-	10-11	Cover	None
• Fennel	500 gr	<b>S</b>	850	-	12-13	Cut into quarters and cover	None
Grated tomatoes	800 gr	<b>≋ ***</b>	450	-	10	It is preferable for them to be of equal sizes	None
• Peppers	500 gr	<b>S</b>	850	-	9-10	Cut into pieces and cover	None
Grilled peppers	4 quarters	***	-	-	9-11	Preheat for 3 minutes. Turn halfway through cooking	High
• Stuffed peppers	1400 gr	<b>≋</b> ,••••	850	-	13	Preferably the short, broad kind	None
		-\$\$\$	850	-	10		
• Potatoes	500 gr	<b>S</b>	850	-	8-9	Cut into evenly-sized pieces and cover	None
• Roast potatoes (fresh)	500 gr	<b>≶ ★</b>	450	190°C	25-30	Stir 2-3 times	Low
Roast potatoes (frozen)	900 gr	<b>≶ ★</b>	450	200°C	40	Stir 2-3 times	Low
Potato gratin	1100 gr	<b>*</b>	850	190°C	25	See note *	Low
• Courgettes	500 gr	<b>\$</b>	850	-	7-8	Leave whole and cover	None

<sup>\*</sup> These guidelines are suitable for carrying out Combined Cooking Test D according to the Regulation Project (3rd edition of IEC 705) contained in the document IEC 53H/69/CD. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

### 3.6 - COOKING FISH

Fish cooks very quickly and with excellent results. It can be dressed with a little butter or oil (or even left without). Cover it with transparent film. Naturally if it ha its skin, this must be cut; the fillets should be arranged evenly. It is not advisable to cook fish breaded with egg.

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO BE USED
• Fillets	300 gr	<b>S</b>	850	-	5-7	Cover with film	None
• Pieces	300 gr	<b>S</b>	850	-	7-9	Cover with film	None
• Whole	500 gr	<b>S</b>	850	-	8-10	Cover with film	None
• Whole	250 gr	<b>S</b>	850	-	5-7	Cover with film	None
• Slices	400 gr	<b>S</b>	850	-	7-9	Cover with film	None
• Prawns	500 gr	<b>S</b>	850	-	7-9	Cover with film	None
Oven cooked	600 gr	<b>*</b>	250	190°	30	Add oil, a clove of garlic and drop of white wine. Do not cover.	Low

### 3.7 - COOKING DESSERTS AND CAKES

For cooking all cakes the oven must be preheated to the temperature shown in the table. Only after reaching the temperature set (signalled by 5 beeps) may the cake by placed in the oven

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO BE USED
Hazelnut cake	1100 gr	<b>≶ 4</b>	250	170°C	25-30	Use a heat-resistant container	Low
• Quark cake	1500 gr	<b>≋ </b>	450	170°C	35-40	Use a heat-resistant container	Low
• Jam tart	700 gr	*	-	160°C	55	Use a metal cake tin	Low
• Plum cake	950 gr	*	-	160°C	90	Use a rectangular mould	Low
• Light sponge cake	700 gr	*	-	160°C	40	Use a metal cake tin	Low
• Walnut cake	650 gr	*	-	160°C	40	Use a metal cake tin	Low
• Egg custard	750 gr	<b>%</b>	850	-	16	See note *	None
• Sponge cake	475 gr	<b>%</b>	850	-	8	See note *	Low
• Sponge cake	710 gr	<b>*</b>	150	170°C	30	See note **	Low

- These guidelines are suitable for carrying out the Cooking Tests according to IEC Regulation 705, Par. 17.3, Tests A and B respectively. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.
- \*\* These guidelines are suitable for carrying out Combined Cooking Test E according to the Regulation Project (3rd edition of IEC 705) contained in the document IEC 59H/69/CD. Remember to preheat the oven only in Fan mode with the low wire rack in place. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

### 3.8 - REHEATING/COOKING USING THE "QUICK MENU" KEYS

The "Quick Menu" keys are 5 different programmes with "pre-memorised" length of cooking time, power level and oven temperature; they afford excellent results for the dishes described in the following table.

KEY	WHAT TO DO	SUGGESTIONS
(10) Beverages		
<ul><li>Press once</li><li>Press twice</li><li>Press 3 times</li><li>Press 4 times</li></ul>	<ul> <li>Reheat 1 small coffee cup (60 cc) at room temperature.</li> <li>Reheat 2 small coffee cups or a normal cup (120 cc) starting from room temperature</li> <li>Reheat one large cup (200 cc) starting from chilled</li> <li>Reheat 1 soup dish (300 cc) starting from chilled</li> </ul>	After reheating the liquid, stir well to spread the temperature evenly.
(8) <u>Sacket potatoes</u> –	0 1 000 1	Wash the potatoes thoroughly in their
• Press once	Cook 200 g of potatoes	jackets, pierce them and put them on
• Press twice	Cook 400 g of potatoes	the turntable. They should be served
• Press 3 times	Cook 600 g of potatoes	stuffed with butter or cheese.
(11) Ready meals - c	hilled ready meals (5-8°C) —	Suitable for cooked portions of
	Warning: at the end of the reheating the food and the	food, preserved in the refrigerator
	containersi may be very hot. Use tweezers or oven gloves.	on the plate (the one from which the
<ul> <li>Press once</li> </ul>	<ul> <li>Reheat 100 g of chilled dishes</li> </ul>	food is to be eaten). <b>The food must</b>
• Press twice	Reheat 250 g of chilled meat or chilled meat + vegetables	never be covered. For pre-cooked dishes in packets, remove the food from the tubs/packets and place it on a plate.
(9) Pizza and frozen	ready meals	<u> </u>
	Warning: at the end of the reheating the food and the	
	containersi may be very hot. Use tweezers or oven gloves.	
<ul> <li>Press once</li> </ul>	<ul> <li>Reheat 1 frozen pizza of 300 g</li> </ul>	Place the pizza directly on the
- D - L -	200 -) - [ [	low wire rack.
<ul> <li>Press twice</li> </ul>	<ul> <li>Reheat a packet (max. 300 g) of frozen ready meals, or max. 300 g of pre-cooked frozen</li> </ul>	
	dishes (e.g. meat or side dishes)	(film bags). If the packet is not
• Press 3 times	Reheat a packet (max. 550 g) of frozen ready meals, or max. 550 g of pre-cooked frozen dishes (e.g. meat or side dishes)	suitable for microwaves, however,
		iornidole.
(7) <b>Pop corn</b>		
• Press once	Cook 1 100 g packet of popcorn for	Follow the instructions written on
	microwaves	the box closely and place it on the turntable.

### 3.9 COOKING SIMULTANEOUSLY ON TWO LEVELS

Using the medium spacer wire rack (H) in "Microwave Only" or "Automatic Defrosting" modes, it is possible to defrost, reheat and cook even different types of food simultaneously by placing it on two levels. The special double microwave emission system enables the energy distribution to be maximised.

When you wish to cook two dishes at the same time, you only need to bear in mind a few simple general rules.

- The cooking times for dishes cooked simultaneously are different from the times for the cooking of single dishes. Always therefore check the following table of reference.
- 2. Always be careful to place the food which requires the shortest cooking time on top of the medium spacer wire rack (H): this will make it easier to extract the upper container, remove the wire rack and complete the cooking of the food on the lower level.
- Observe the guidelines and suggestions shown in the tables; in particular, always check that the food which is to be reheated is very hot before removing it

Simultaneous Cooking Times				
Potatoes (above) Goulash (below)	24 min 48 min			
Cooking Times for Single Recipes				
Potatoes Goulash	10 - 14 min 35 - 40 min			

	Lower dish (longer time)	(shorter time)
1	(longer time)	iornidole

DEFROSTING TIMES					
ТҮРЕ	POS. OF DISH	QUANTITY grams	FUNCTION	TIME minutes	NOTES/SUGGESTIONS
Minced	above	500	v	22	Turn the meat over after 15 minutes. When finished,
• Minced	below	500	8	22	leave for 15 minutes.
Chicken pieces	above	500	*	26	Detach the pieces of meat during defrosting. When
• Stew	below	500	δ	26	finished leave for 15 minutes.
Cauliflower	above	450	*	24	When finished leave for 5-10 minutes.
• Whole fish	below	500	8	24	When finished leave for 5-10 minutes.

REHEATING TIMES					
ТҮРЕ	POS. OF DISH	QUANTITY grams	POWER LEVEL	TIME minutes	NOTES/SUGGESTIONS
• Portion of meat	above	150	850	8	Cover the food with the transparent film.
Portion of vegetables	below	250	850	8	Cover the food with the transparent film.
• Plate of lasagne	above	500	850	11	Cover the food with the transparent film.
Plate of lasagne	below	500	850	11	Cover the food with the transparent film.
• Portion of meat	above	150	850	8	Cover the food with the transparent film.
Plate of lasagne	below	50	850	10	Cover the food with the transparent film.

COOKING TIMES					
ТҮРЕ	POS. OF DISH	QUANTITY grams	POTENZA	TIME minutes	NOTES/SUGGESTIONS
• Potatoes	above	500	850	24	Cut into equal pieces and cover with film.
• Potatoes	below	500	850	24	Cut into equal pieces and cover with film.
• Carrots	above	500	850	20	Cut into equal pieces and cover with film.
• Carrots	below	500	850	20	Cut into equal pieces and cover with film.
• Slices of fish	above	400	850	15	Cover with film. Remove the wire rack after 15 min.
Courgettes	below	475	850	18	Leave them whole and cover with film.
• Whole fish	above	200	850	13	Cover with film. Remove the wire rack after 13 min.
Courgettes	below	475	850	17	Leave them whole and cover with film.
•Whole fish	above	200	850	13	Cover with film.
• Whole fish	below	200	850	13	Cover with film.
• Potatoes	above	500	850	24	Cut into equal pieces and cover with film.
Goulash	below	1500	850	48	Remove the wire rack after 24 min. Stir 2-3 times.
• Rice	above	300	850	24	Cover with film and stir twice.
White cabbage	below	500	850	24	Leave whole and cover with film.
• Peas	above	500	850	22	Cover with film.
Brussels sprouts	below	500	850	22	Cover with film.
• Meatloaf	above	500	850	34	Turn halfway through cooking if necessary.
• Potatoes	below	500	850	34	Cover with film.
<ul> <li>Sausages</li> </ul>	above	300	850	24	Turn once or twice.
• Sausages	below	300	850	24	Turn once or twice.
• Stew	above	700	850	40	Stir 2-3 times.
• Chine of pork	below	700	850	40	Turn halfway through cooking.

## **CHAPTER 4 – CLEANING AND MAINTENANCE**

### 4.1 CLEANING

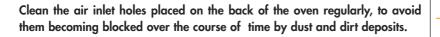
Before any cleaning and maintenance are carried out, always disconnect the plug from the power socket and wait for the appliance to cool down.

The internal cavity of your oven is covered with a special enamel to which splashes and food particles do not stick, thus making cleaning particularly simple. Always keep the microwave outlet cover (C) clean and free from grease and splashes of fat.

Do not use abrasive detergents, wire sponges and sharp metal utensils when cleaning the external surface of the oven. Also be careful to ensure that water or liquid detergent does not penetrate the air and steam vent grilles on the top of the appliance.

It is also advisable not to use alcohol, abrasive detergents or ammonia-based detergents to clean the internal and external surfaces of the door.

Always keep the inside of the door clean to ensure that it closes properly, so that dirt and food residues do not become trapped between the door and the front panel of the oven.

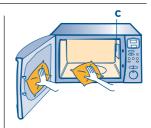


It is necessary to remove the turntable (I) and its corresponding support (L) periodically in order to clean them; the bottom of the oven should also be cleaned.

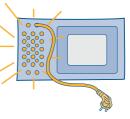
Wash the turntable and its support in soapy water using neutral soap. They can also be washed in a dishwasher.

Do not immerse the turntable in cold water after prolonged heating; the sudden change in temperature would cause it to crack.

The turntable motor is sealed. Nevertheless, be careful to avoid the water penetrating under the turntable spindle (D) when the bottom of the oven is being cleaned.







## **CHAPTER 4 – CLEANING AND MAINTENANCE**

### **4.2 MAINTENANCE**

If something does not quite work or if a defect materialises, contact the Service Centre authorised by the manufacturer. It is always worth carrying out the following simple checks before calling our technicians:

PROBLEM	CAUSE/SOLUTION
The appliance does not work	<ul> <li>The door is not closed properly.</li> <li>The plug is not correctly inserted.</li> <li>No power at the socket</li> <li>No power at the socket (check the fuse box)</li> </ul>
Condensation on the work surface, inside the oven or around the door.	When food is cooked which contains water it is quite normal for the steam which is generated inside the oven to escape and condense inside the oven, on the cooking surface or around the doorframe.
Sparks inside the oven	<ul> <li>Do not turn the oven on without food for Microwave and Combined cooking modes.</li> <li>Do not use metal containers for the above cooking modes or bags or packets with metal parts.</li> </ul>
The food does not heat or cook properly	<ul> <li>Select the correct cooking mode or reduce the cooking time.</li> <li>The food has not been completely defrosted before being cooked.</li> </ul>
The food burns	Select the correct cooking mode or reduce the cooking time.
The food does not cook evenly	Stir the food during cooking. Remember that food cooks better when cut in evenly-sized pieces. The turntable is blocked.

**NOTE:** The oven may be used safely even if the light bulb is not working. Contact an authorised Service Centre for bulb replacement.

### **ELECTRICAL CONNECTION (U.K. ONLY)**

A) If your appliance comes fitted with a plug, it will incorporate a 13 Amp fuse. If it does not fit your socket, the plug should be cut off from the mains lead, and on appropriate plug fitted, as below. warning: Very carefully dispose of the cut off plug after removing the fuse: do not insert in a 13 Amp socket elsewhere in the house as this could cause a shock hazard. With alternative plugs not incorporating a fuse, the circuit must be protected by a 15 Amp fuse. If the plug is a moulded-on type, the fuse cover must be re-fitted when changing the fuse using a 13 Amp Asta approved fuse to BS 1362. In the event of losing the fuse cover, the plug must NOT be used until a replacement fuse cover can be obtained from your nearest electrical dealer. The colour of the correct replacement fuse cover is that as marked on the base of the plug.

# WARNING - THIS APPLIANCE MUST BE EARTHED IMPORTANT

The wires in the mains lead are coloured in accordance with the following code:

Green and yellow Earth
Blue Neutral
Brown Live



As the colours of the wires in the mains lead may not correspond with the coloured markings identifying the terminals in your plug, proceed as follows:

The green and yellow wire must be connected to the terminal in the plug marked with the letter E or the earth symbol  $\pm$  or coloured green or green and yellow.

The blue wire must be connected to the terminal marked with the letter N or coloured black.

The brown wire must be connected to the terminal marked with the letter L or coloured red.