

# INDEX

## CHAPTER 1 – GENERAL

1.1	Description of oven and control panel .....	Page	27
1.1	Important safety warnings .....	Page	27
1.2	Technical data .....	Page	29
1.3	Installation and electrical connections .....	Page	29
1.4	Standard accessories .....	Page	30
1.5	Ovenware .....	Page	31
1.6	Rules and tips for using the oven .....	Page	32

## CHAPTER 2 - USING THE CONTROLS AND SETTING THE FUNCTIONS

2.1	Setting the clock .....	Page	33
2.2	Programming cooking .....	Page	34
2.3	Quick heat .....	Page	36
2.4	Sicurezza bambini .....	Page	36
2.5	Energy saving function .....	Page	36

## CHAPTER 3 - USING THE OVEN: TIPS AND COOKING TIME TABLES

3.1	Defrosting .....	Page	37
3.2	Heating .....	Page	38
3.3	Cuocere antipasti, primi piatti .....	Page	39
3.4	Cooking meat .....	Page	39
3.5	Cooking side dishes and vegetables .....	Page	40
3.6	Cooking fish .....	Page	41
3.7	Cooking cakes, pastries and desserts .....	Page	41
3.8	Cooking using the PIZZA function ( <i>not all models</i> ) .....	Page	42
3.9	Programming automatic cooking cycles .....	pag.	44

## CHAPTER 4 - MAINTENANCE AND CLEANING

4.1	Cleaning .....	Page	46
4.2	Maintenance .....	Page	47

# CHAPTER 1 – GENERAL

## 1.1 DESCRIPTION OF OVEN AND CONTROL PANEL

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- |                                 |   |
|---------------------------------|---|
| <b>A</b> Grill element          | <b>5. POWER LEVEL</b> button: to select microwave power level |
| <b>B</b> Control panel          | <b>1</b> = 180W   |
| <b>C</b> Microwave outlet cover | <b>2</b> = 225W   |
| <b>D</b> Pizza plate            | <b>3</b> = 270W   |
| <b>E</b> Inside of door         | <b>4</b> = 450W   |
| <b>F</b> Wire rack              | <b>5</b> = 630W   |
| <b>G</b> Turntable              | <b>6</b> = 720W   |
| <b>H</b> Turntable support      | <b>7</b> = 900W   |
- 
- |   |  |
|---|--|
| <b>1.</b> Time and function display               | <b>6. TIME ADJUST</b> buttons: to set the clock and cooking time |
| <b>2. PIZZA</b> button: to cook frozen snacks     | <b>7. STOP</b> button: to stop cooking and clear settings        |
| <b>3. AUTO MENU</b> button                        | <b>8. START</b> button: to start cooking and quick heating       |
| <b>4. FUNCTION</b> button: to select the function |  |

## 1.2 IMPORTANT SAFETY WARNINGS

---

*Read these instructions carefully and keep for future reference.*

**NB: This oven has been designed to defrost, heat and cook food in the home.**

***It must never be used for other purposes, modified or tampered with in any way. This microwave oven is not designed for use in a kitchen unit or flush mounted.***

- 1) **WARNING:** If the door or door seals are damaged, do not use the appliance until it has been repaired by a qualified service engineer (trained by the manufacturer or by the dealer's Customer Service).
- 2) **WARNING:** It is hazardous for anyone other than a qualified service engineer to carry out any service or repair operation involving the removal of a cover which gives protection against exposure to microwave energy.
- 3) **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
- 4) **WARNING:** Accessible parts could become very hot during use. Keep children away from the oven. Do not allow the appliance to be used by persons (including children) with psychological, physical or sensory impairments or with inadequate experience or knowledge, unless closely supervised and instructed by someone responsible for their safety who can ensure they are aware of the dangers associated with inappropriate use. Children must be supervised to ensure they do not play with the appliance.
- 5) **WARNING:** when operating in combi mode, the oven becomes extremely hot. Do not allow children to use it without adult supervision.
- 6) Do not tamper with the safety devices in an attempt to operate the oven with the door open.
- 7) Do not operate the oven if objects of any kind become lodged between the front panel of the oven and the door. Always keep the inside of the door (E) clean, using a damp cloth and non-abrasive cleaning products. Do not allow dirt or remains of food to accumulate between the front panel of the oven and the door.
- 8) Do not operate the oven if the power cable or plug is damaged as there is a risk of electric shock. To avoid electric shock, if the power cable is damaged, have it replaced immediately by the manufacturer, an authorised technical assistance centre, or a suitably qualified service engineer.
- 9) **If smoke comes out of the oven, switch off and unplug immediately. Keep the door closed to stifle any**

**flames.**

- 10) Use utensils suitable for microwave ovens only. In order to avoid overheating and the consequent risk of fire, it is advisable to check the oven when cooking food in disposable containers made of plastic, cardboard or other inflammable materials, and when heating small quantities of food.
- 11) Never place the turntable in water after it has been heated for a long time. The resulting thermal shock would break the turntable.
- 12) When cooking in "MICROWAVE ONLY" and "COMBI MICROWAVE" modes, you must NEVER preheat the oven (without containing food). NEVER operate it when empty as sparks could be produced.
- 13) Before using the oven, make sure the utensils and containers chosen are suitable for microwave oven use (see the section on "Ovenware") .
- 14) The appliance becomes hot when in operation. Never rest anything on top of the oven while in use. Never touch the grill elements inside the oven.
- 15) When heating liquids (water, coffee, milk, etc.), a delayed action may cause the contents to boil over unexpectedly with a risk of scalds. To avoid this, you should place a plastic spoon or a glass rod in the container before starting to heat liquids. Always take extreme care when handling the container.
- 16) Do not heat spirits with a high alcohol content, or large quantities of oil. Both types of liquid are flammable!
- 17) The contents of feeding bottles and baby food jars should be stirred or shaken and the temperature checked before consumption, in order to avoid burns. You should stir or mix the food to guarantee an even temperature. When using commercial bottle sterilisers, ALWAYS make sure the container is filled with the quantity of water specified by the manufacturer before starting heating.
- 18) Failure to clean the oven could lead to deterioration of the surface. This may shorten the working life of the appliance and create risk situations.
- 19) Do not use abrasive cleaning products or metal scrapers to clean the glass door of the oven as this could damage the surface and cause breakage.
- 20) All microwaves are tested and approved in accordance with current electromagnetic safety and compatibility regulations and standards. As a precautionary measure, pacemaker manufacturers recommend wearers to keep a minimum distance of 20-30 cm between an operating microwave oven and the pacemaker in order to avoid possible interference with the pacemaker. If you suspect there may be interference, turn the microwave off immediately and contact the manufacturer of the pacemaker. If the oven overheats (prolonged use, use empty, etc), the safety thermostat could turn the oven off. After cooling down, the oven will operate as normal.
- 22) The door and other oven surfaces may become very hot when the oven is in use.
- 23) This is an household appliance only. It is not intended to be used in: staff kitchen areas in shops, offices and other working environments; farm houses; by clients in hotels, motels and other residential type environments; bed and breakfast type environments.
- 24) The appliance must not be operated by a timer or a separate remote control system.
- 25) The appliance must be placed and operated with the back next to the wall.  
NB: When the oven is used for the first time, a "new" smell and a small amount of smoke may be produced for the first ten minutes or so. This is normal and due to the protective substances applied to the grill element.

### 1.3 TECHNICAL DATA

External dimensions (LxHxD) 510x320x440

Internal dimensions (LxHxD) 350x210x330

Approximate weight: 17 kg.

For further information, see the rating plate on the appliance.

This appliance complies with EC directive 2004/108/EC on electromagnetic compatibility and European regulation no. 1935/2004 of 27/10/2004 on food contact materials. The product is classified as a Group 2, Class B, ISM appliance. Group 2 includes all ISM (Industrial, Scientific or Medical) appliances in which radio frequencies are generated intentionally and/or used in the form of electromagnetic radiation to treat materials, together with electroerosion equipment. Class B includes equipment for domestic use or on premises directly connected to low voltage electricity supply for supplying buildings for residential use.

### POWER OUTPUT

**The power output of your oven in WATTS** is given on the rating plate of your appliance under the heading **MICRO OUTPUT**. When you consult tables, always refer to the output of your oven!

It is also useful when consulting microwave recipe books.



On some models, the microwave output power is also given in this symbol, reproduced on the control panel.

### 1.4 INSTALLATION AND ELECTRICAL CONNECTION

- 1) Unpack the oven and remove the protective packaging containing the turntable (G), turntable support (H) and accessories. Check that the turntable support (H) is correctly inserted at the centre of the turntable.
- 2) Clean the inside of the oven with a soft, damp cloth.
- 3) Check that the oven has not been damaged during transport. Check in particular that the door opens and closes properly.
- 4) Place the oven on a flat, stable surface at a height of at least 85 cm and out of reach of children as the door may become very hot during cooking.
- 5) **When positioning the oven on the worktop, take care to maintain a gap of approx. 5 cm between the oven and the walls to its rear and sides and a gap of at least 30 cm above the oven (fig. 1).**
- 6) Do not block the air intake vents. In particular, never place anything on top of the oven and make sure the air and steam outlet vents (on the top, bottom and rear of the appliance) are ALWAYS FREE (fig. 2).
- 7) Place the turntable support (H) in the centre of the circular housing and rest the turntable (G) on top. The turntable support (H) must be inserted into the housing in the centre of the turntable.

**NB: never place the oven on or near heat sources (for example, on top of a refrigerator) (fig. 3).**

- 8) The appliance must be connected to a socket with a minimum current rating of 16A. Make sure the household main switch has a minimum rating of 16A to avoid it tripping unexpectedly during operation of the oven.
- 9) Position the oven in such a way that the power plug and socket are easily accessible.

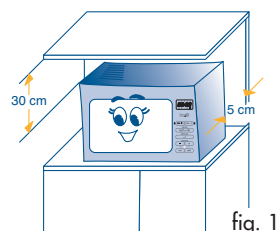


fig. 1

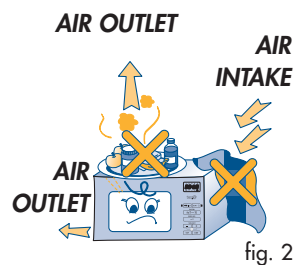


fig. 2

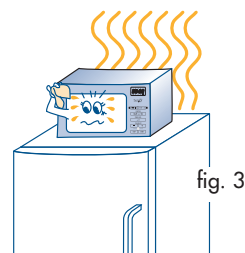


fig. 3

- 10) Before you switch on the oven, check that the mains voltage corresponds to that specified on the oven rating plate and that the **power socket is properly earthed. The manufacturer declines all responsibility for failure to observe this safety precaution.**
- 11) DO NOT remove the clear film on the inner surface of the door (see Fig. 4).
- 12) The majority of modern electronic appliances (TV, radio, stereo systems etc) are shielded from radio frequency (RF) signals. However, certain electronic appliances cannot be shielded from radio frequency signals coming from a microwave oven. You should therefore keep these appliances at least 1-2 metres away from a microwave in operation.

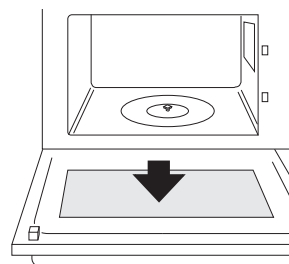
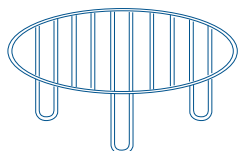


fig. 4

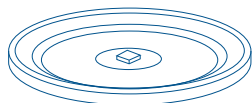
## 1.5 STANDARD ACCESSORIES



### WIRE RACK

**Grill only function and Pizza function:**

for all types of grilled food.



### TURNTABLE

The turntable must be used for all functions.



### PIZZA PLATE (*not all models*)

The plate must be used for the "Pizza" function (see page 42)

## 1.6 OVENWARE

In the microwave only and combi with microwave functions, any glass (preferably Pyrex), ceramic, china or terracotta ovenware may be used provided it has no metal decorations or parts (e.g. gold decorations, metal handles, feet etc.).

Heat resistant plastic plates can also be used, but only for "microwave only" cooking.

If you are in doubt as to the suitability of a particular container, carry out this simple test - place the empty container in the oven for 60 seconds at maximum power (microwave only function).

If the container remains cold or heats up only slightly, it is suitable for microwave cooking.

If it becomes very hot (or sparks are produced), the container is not suitable.

When heating up for brief periods, paper napkins, cardboard trays or disposable plastic plates can be used as a base.

The size and shape of containers must allow them to rotate easily inside the oven.

**Metal, wood, cane and crystal glass containers are not suitable for microwave cooking.**

Remember that the microwaves heat the food not the ovenware. Food can therefore be cooked directly on the serving plate, thus avoiding using and cleaning saucepans.

Always use oven mitts as the very hot food may transmit heat to the plate.

If the oven is set to "**Grill only**", all types of ovenware can be used.

The following table provides useful guidelines for choosing ovenware:

	Glass	Pyrex	Pyroceram	Terracotta	Aluminium foil	Plastic	Paper or cardboard	Metal containers
"Microwave only" function	YES	YES	YES	YES	NO	YES	YES	NO
"Microwave + Grill" and "Pizza" functions	NO	YES	YES	YES	NO	NO	NO	NO
"Grill only" function	NO	YES	YES	YES	YES	NO	NO	YES
defr. bread    AUTO-1	NO	YES	YES	YES	NO	NO	NO	NO
potatoes       AUTO-2	YES	YES	YES	YES	NO	YES	YES	NO
roast            AUTO-3	NO	YES	YES	YES	NO	NO	NO	NO
chicken        AUTO-4	NO	YES	YES	YES	NO	NO	NO	NO
fish             AUTO-5	NO	YES	YES	YES	NO	NO	NO	NO
lasagne        AUTO-6	YES	YES	YES	YES	NO	YES	YES	NO

## 1.7 RULES AND TIPS FOR USING THE OVEN

Microwaves are a form of electromagnetic radiation. They occur in nature in the form of light waves (eg. sunlight). In the oven, these waves penetrate food from all directions to heat water, fat and sugar molecules. Heat is generated in the food itself, while the container warms up as a result of heat spreading from the food only. In microwave cooking, food does not stick to the dish. You can therefore use very little fat and in some cases no fat at all.

As microwave cooking is low fat, microwave prepared food is considered to be very healthy. Microwave cooking also involves lower temperatures than traditional cooking. It therefore dehydrates foods less, destroys less of their nutritional value and retains more original flavour.

### Fundamental rules for correct microwave cooking

- 1) Cooking time depends directly on the **size and evenness of the food**. A casserole will cook faster than a roast because it consists of smaller regular-sized pieces. When you refer to the cooking tables later in this manual, remember that you must increase or reduce cooking time to match the volume of food you are cooking. Always respect **standing time**, in other words, the length of time you must leave food to "rest" after cooking. Standing time ensures that food is served at an even temperature throughout. The temperature of meat, for example, can rise between 5°C and 8°C (approx. 9°F to 15°F) during standing time. Food can be left to stand inside or outside the oven.
- 2) Always **mix or stir** food several times during cooking. This not only ensures even temperature distribution but also reduces cooking time.
- 3) **Turn food over** during cooking. This is specially important for meat, whether in large pieces (roasts, whole chickens, etc.) or small pieces (chicken breasts, casseroles, etc.).
- 4) **Pierce foods with skins, shells or peel** (eg. apples, potatoes, tomatoes, frankfurters, fish, etc.) with a fork at several points to allow steam to escape from inside. This prevents these foods from exploding inside the oven (see fig. 5).
- 5) If you are cooking a number of portions of the same type of food (eg. boiled potatoes), arrange the portions **in a ring** around the outside of an oven-proof dish to ensure they cook evenly (see fig. 6).
- 6) The lower the temperature at which food is placed in the oven, the longer the cooking time required. Food placed in the oven at room temperature will cook sooner than food coming directly from the refrigerator.
- 7) Always place dishes and containers in the middle of the turntable.
- 8) It is perfectly normal for **condensation to form** inside the oven and near the air outlet vents. **To reduce this, cover the food with clear film, greaseproof paper, glass covers or simply an upturned plate.** Foods with a high water content (eg. greens and vegetables) cook better when covered. Covering food also helps keep the inside of the oven clean. Use clear film suitable for microwave cooking.
- 9) **Do not microwave cook eggs in their shells** (fig. 7). Pressure will build up inside and can cause the egg to explode, even after cooking has finished. Do not heat eggs cooked in their shells. Heat scrambled eggs only.
- 10) Always open air-tight or sealed containers before placing them in the oven, otherwise pressure will build up inside and may cause them to swell and explode even after cooking has finished.

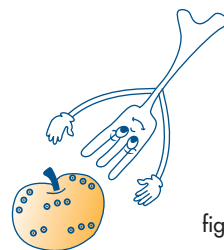


fig. 5

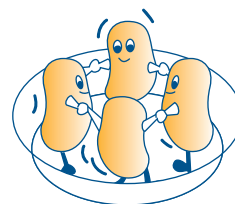


fig. 6

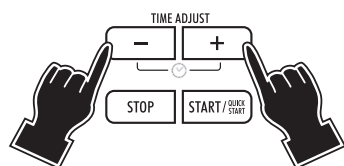


fig. 7

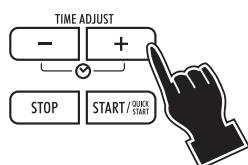
# CHAPTER 2 - USING THE CONTROLS AND SETTING THE FUNCTIONS

## 2.1 SETTING THE CLOCK

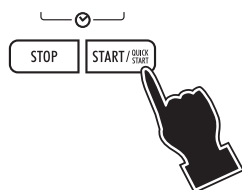
- The first time the appliance is connected to the mains electricity supply or after it has been without power for some time, the 'DELO' welcome message is displayed for 2-3 seconds, followed by four dashes (---:--). To set the time, proceed as follows:



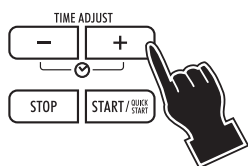
- 1 Press the **TIME ADJUST** buttons (6) together for at least 2 seconds.  
(The hour flashes).



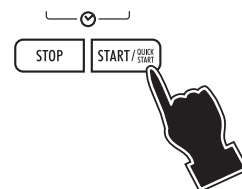
- 2 Press the **TIME ADJUST** buttons (6) to set the required hour.



- 3 Press the **START** button (8).  
(The minutes flash).



- 4 Press the **TIME ADJUST** buttons (6) to set the required minutes.



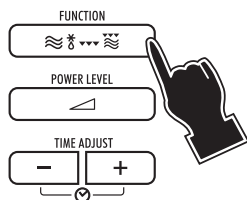
- 5 Press the **START** button (8).  
(The set time is displayed).



- If you want to change the time set subsequently, repeat the setting procedure described above.
- The current time can be displayed even after having set a function by pressing the **TIME ADJUST** buttons (6) together for at least 1 second.  
(The time will be displayed for 2 seconds).
- To set longer times, hold the "+" or "-" button down (not together).



## 2.2 PROGRAMMING COOKING

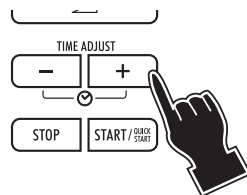


- 1 Press the **FUNCTION** button (4) (function selection) and choose the required function. The corresponding symbols will light up at the bottom of the display. The following functions are available:



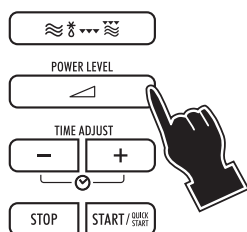
INDICATION	SELECTED COOKING FUNCTION
≡	<b>microwave only</b>
❄	<b>automatic defrost</b>

INDICATION	SELECTED COOKING FUNCTION
▼▼▼	<b>grill only</b>
≡ ▼▼▼	<b>combi microwave + grill</b>

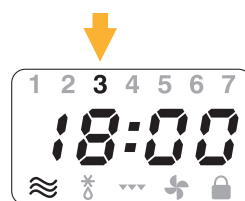


- 2 Press the **TIME ADJUST** buttons (6) (not together) to set the cooking time. Always consult the tables in Chapter 3 to establish the correct cooking time.

Note: you can also change the cooking time set DURING cooking by simply pressing the **TIME ADJUST** buttons (6) (not together).



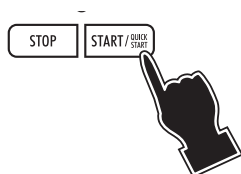
- 3 In the functions:  
**microwave only**  
**combined microwave + grill**  
**pizza**



select the microwave power level by pressing the **POWER LEVEL** button (9) repeatedly until the required power expressed in numbers flashes at the top of the display. Always consult the tables in Chapter 3 to establish the correct microwave power.

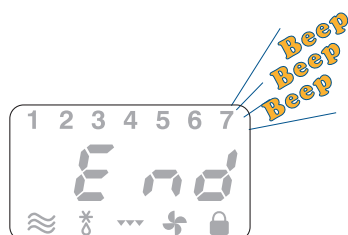
**Note:** • the power level cannot be selected in automatic defrost function.

- you can also change the microwave power level during cooking simply by pressing the **POWER LEVEL** button (9).



- 4** Press the **START** button (8) to begin cooking.  
A countdown of time to the end of cooking appears on the display.

**Note:** If you do not start cooking within 2 minutes, the settings will be automatically cancelled.



- 5** The end of cooking is indicated by three beeps and "END" is displayed. Open the door and remove the food. When the **STOP** button (7) is pressed, or 3 minutes after the end of cooking, the clock is displayed.

- Note:**
- you can open the door to check on cooking at any time.  
Microwave emission and operation of the oven cease and will start again when the door is closed and the **START** button is pressed (8).
  - If cooking must be stopped for any reason, this can be done without opening the door by pressing the **STOP** button (7).
  - To finish cooking, proceed as follows:
    - If the oven door is open, simply press the **STOP** button (7) once.
    - if the oven door is closed and cooking is in progress, press the **STOP** button (7) twice.  
The clock is displayed again.

### 2.3 QUICK HEAT

---

This function is perfect for heating small quantities of food and drink.

- Press the **START** button (8) twice. The oven operates for 2 minutes at maximum power.

This function is also useful to complete unfinished cooking.

### 2.4 CHILD SAFETY

---

The oven is fitted with a safety device to prevent children from turning it on unintentionally.

To activate the safety device:

- Hold the **STOP** button (7) down for 3 seconds.
- The appliance emits a short beep and the  icon lights up on the display. The oven cannot be turned on.
- To deactivate the safety device, hold the **STOP** button (7) down for 3 seconds.

### 2.5 ENERGY SAVING FUNCTION

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Each year, technological progress requires the production of ever more electricity.

The result is ever greater environmental impact due to the increase in pollutants (CO<sub>2</sub>, sulphur, etc) and exploitation of non renewable natural resources (carbon, gas, oil).

By reducing the waste of electricity (e.g. by reducing the consumption of the appliance in standby), energy saving is a considerable source of "virtual" renewable energy, immediate and accessible to all.

To reduce consumption of the oven when not in operation.

- If no button is pressed, the display will go off automatically after 10 minutes (the clock settings will be maintained). A scrolling '-' is displayed.
- To turn the display back on, press any button or open the door.
- To deactivate energy saving, hold the **POWER LEVEL** button (5) down for 7-8 seconds. The appliance emits a beep.

N.B.: to reduce energy consumption in stand-by, the inside light goes off automatically if the door is left open for more than 10 minutes (the function cannot be disabled).

# CHAPTER 3 - USING THE OVEN: TIPS AND COOKING TIME TABLES

## 3.1 DEFROSTING

- Frozen foods in plastic bags, film, or oven ready containers can be placed directly in the oven. Check first that there are no metal objects like staples or ties.
- Certain types of food such as green vegetables and fish do not require defrosting completely before cooking.
- Foods in meat and other sauces defrost quicker and more evenly if they are stirred, turned and/or separated occasionally.
- Meat, fish and fruit all lose liquids during defrosting. Always place these foods in a bowl to defrost them.
- You are recommended to divide meat and place individual pieces in separate bags when freezing. This will save you valuable time during preparation.
- Always respect standing times between defrosting and cooking. Standing time is the time for which you must leave food to "rest" before cooking. Standing time ensures that food has an even temperature throughout when cooking starts.

**TABLE OF DEFROSTING TIMES USING THE "AUTOMATIC DEFROST" FUNCTION**

TYPE	QUANTITY	TIME minutes	NOTES/TIPS	STANDING TIME
MEAT				
• Roasts (pork, beef, veal, etc)	1 kg	29-32	Turn over halfway through defrosting time.	20
• Steaks, chops, slices	200 gr	10-12		5
• Stews, goulash	500 gr	18-20		10
• Mince	250 gr	14-16	See note *	15
• Mince	500 gr	11-13		15
• Hamburger	200 gr	11-13		10
• Sausages	300 gr	13-15		10
POULTRY				
• Duck, turkey	1,5 kg	34-37	Turn the chicken over halfway through defrosting. At the end of the standing time, rinse under hot water to remove any residual ice.	20
• Whole chicken	1,5 kg	34-37		20
• Chicken pieces	700 gr	19-21		10
• Chicken breast	300 gr	18-20		10
VEGETABLES				
			Frozen vegetables do not require defrosting before cooking.	
FISH				
• Fillets	300 gr	14-16	Turn the fish over halfway through defrosting.	7
• Slices	400 gr	15-17		7
• Whole	500 gr	18-20		7
• Crayfish	400 gr	15-17		7
DAIRY PRODUCTS				
• Butter	250 gr	10-12	Remove tinfoil or metal parts. Do not fully defrost cheese. Respect standing time. Remove the cream from the container and place on a plate.	10
• Cheese	250 gr	11-13		15
• Cream	200 ml	13-15		5
BREAD				
• 2 medium rolls	150 gr	2-3	Put the bread directly on the turntable.	3
• 4 medium rolls	300 gr	6-7		3
• Sliced bread	250 gr	6-7		3
• Wholemeal sliced bread	250 gr	6-7		3
FRUIT				
• Strawberries, plums, cherries, blackcurrants, apricots.	500 gr	13-14	Mix 2 - 3 times.	10
	300 gr	9-10	Mix 2 - 3 times.	10
• Raspberries				
• Blackberries	250 gr	7-8	Mix 2 - 3 times.	6

\* These indications are suitable for performing the minced meat defrosting test according to standard no. 60705, paragraph 13.3 (see page 2). Turn the food over halfway through the set time. Rest the food to be defrosted directly on the turntable. Refer to the table on page 2 for information on other tests according to standard 60705.

### 3.2 HEATING

Your microwave oven is at its most useful and efficient when heating up food.

Compared to traditional methods, microwaves save both time and electricity.

- You are recommended to heat food (particularly if frozen) to a temperature of at least 70°C (it must be piping hot!). You will not be able to eat the food at once as it will be too hot, but complete sterilisation will be guaranteed.
- To heat precooked or frozen food, always observe the following rules:
  - remove the food from metal containers;
  - cover with clear film (for microwave use) or greaseproof paper. This will retain all the natural flavour and keep the oven clean. You can also cover with an upturned plate;
  - if possible, mix or turn frequently to make the heating process quicker and more even.
  - use extreme caution when following times indicated on packaging. Remember that in certain conditions, these times may have to be increased;
- Frozen food must be defrosted before heating starts. The lower the initial temperature of the food, the longer it will take to heat.

#### TABLE OF HEATING TIMES

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
<b>SOFTENING</b> • Chocolate/icing • Butter	100 gr	⌘	4	5 - 6	Put on a plate. Mix the icing once. To melt the butter, add 1 minute.
	50-70 gr	"	7	0',7" - 0',12"	
<b>FOOD AT REFRIGERATOR TEMPERATURE (5/8°C) TO 20/30°C</b>					
• Yoghurt • Baby's bottle	125 gr	"	7	0',12" - 0',17"	Remove the metal foil. Heat the bottle without the teat and shake after heating to ensure uniform temperature. Test the temperature of the contents before giving it to the baby! If the milk is at room temperature, shorten the time indicated slightly. If you use powdered milk, mix very well as residual powder could catch fire. Use sterilised milk only.
	240 gr	"	"	0',35" - 0',40"	
<b>PRECOOKED FOOD AT REFRIGERATOR TEMPERATURE (initial temp. 5/8°C) to about 70°C</b>					
• Pack of lasagne or filled pasta	400 gr	"	7	6 - 8	Packs of commercially available precooked food to be heated to 70°C. Remove from metal packaging and place directly on the serving plate. Cover for best results.
• Pack of meat with rice and/or vegetables	400 gr	"	"	6 - 8	
• Pack of fish and/or vegetables	300 gr	"	"	5 - 7	Portions of precooked food to be heated to 70°C. The food should be placed directly on the serving plate. Always cover with an upturned plate or clear film.
• Plate of meat and/or vegetables	400 gr	"	"	7 - 8	
• Plate of pasta, cannelloni or lasagne	400 gr	"	"	7 - 8	
• Plate of fish and/or rice	300 gr	"	"	6 - 8	
<b>FROZEN FOOD TO BE HEATED/COOKED (initial temp. -18°/-20°C) to about 70°C</b>					
• Confezione di lasagne o pasta con ripieno	400 gr	"	7	8 - 10	Frozen precooked food to be heated to 70°C directly in the pack. If the pack is metal, place the food directly on the serving plate and increase times by a few minutes.
• Pack of meat with rice and/or vegetables	400 gr	"	"	7 - 8	
• Pack of precooked fish and/or vegetables	300 gr	"	"	5 - 7	Remove the uncooked food from the pack, place in a container suitable for microwave cooking and cover.
• Packs of uncooked fish and/or vegetables	300 gr	"	"	10 - 12	
• Portions of meat and/or vegetables	400 gr	"	"	8 - 10	Portions of frozen precooked food to be heated to 70°C. Place the frozen food on the serving plate and cover with another upturned plate or Pyrex ovenware. Make sure the centre is hot. If possible mix the food.
• Portions of pasta, cannelloni or lasagne	400 gr	"	"	9 - 11	
• Portions of fish and/or rice	300 gr	"	"	6 - 8	
<b>BEVERAGES AT REFRIGERATOR TEMPERATURE (5/8°C) to about 70°C</b>					
• 1 cup of water	180 cc	"	7	1'.30" - 2	All drinks must be mixed at the end of heating to ensure a uniform temperature. Broth should be covered with an upturned plate.
• 1 cup of milk	150 cc	"	"	1 - 1'.30"	
• 1 cup of coffee	100 cc	"	"	1 - 1'.30"	
• 1 plate of broth	300 cc	"	"	3 - 4	
<b>BEVERAGES AT ROOM TEMPERATURE (20°/30°C) to about 70°C</b>					
• 1 cup of water	180 cc	"	5	1 - 1'.30"	All drinks must be mixed at the end of heating to ensure a uniform temperature. Broth should be covered with an upturned plate.
• 1 cup of milk	150 cc	"	"	0'.30" - 1	
• 1 cup of coffee	100 cc	"	"	0'.30" - 1	
• 1 plate of broth	300 cc	"	"	2 - 3	

### 3.3 - COOKING HORS D'OEUVRES AND FIRST COURSES

Soups in general can be made with less water because very little water is lost through evaporation in microwave ovens. Add salt at the end of cooking or during standing time because salt has a dehydrating effect.

Note that the time required to cook rice (or pasta) in a microwave oven is more or less the same as required to cook it traditionally on the stove. The advantage of preparing a risotto in a microwave lies in the fact that it does not require continual stirring (two to three times is enough).

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
• Lasagne	1100 gr		7 7	25-30	Times for raw pasta. For precooked pasta, cook for 8 minutes using the combi MICRO + GRILL function
• Gnocchi (potato dumplings)	600 gr		7	20-25	Do not pile dumplings too high.
• Macaroni cheese	1500 gr		7	20-25	Boil the pasta separately first.
• Risotto	300 gr. rice		7	12-15	Place all the ingredients in a dish for microwave use (for 300g of rice, you need 750g of broth), cover with clear film and cook at maximum microwave power for 12 - 15 minutes.

### 3.4 - COOKING MEAT

Cooking time depends directly on the size and homogeneity of the food. Kebabs cook quicker than a joint because the pieces are smaller and of the same size. To keep roasts, chicken and kebabs tender, add 1/2 cup of water when you start cooking.

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
• Roast meat (pork, beef)	1000 gr		3	55-60	Leave a little fat to avoid excessive drying. Do not over flavour, turn after 30-35 minutes.
• Meat loaf	800 gr		4	30-35	Mix 500 g of minced beef with egg, ham, breadcrumbs, etc. Add a little oil and white wine. Turn over halfway through cooking.
• Meat loaf	900 gr		5	18-20	Vedi nota *
• Whole chicken	1200 gr		5	65-70	Pierce the skin to allow the fat to drain. See note **. Turn over halfway through cooking.
• Chicken pieces	700 gr		5	45-50	Stir once during cooking.
• Kebabs	600 gr		4	30-35	Turn over halfway through cooking.
• Goulash	1500 gr		7	40-42	Do not cover. Stir 2-3 times.
• Chicken breasts	500 gr		5	10-12	Turn over halfway through cooking.
• Veal or pork chops	2 pieces		-	22-27	Use the wire rack. Preheat the oven for 3 minutes. Turn over halfway through cooking as the grill radiates the heat through the top part of the oven only.
• Sausages	2 pieces		-	28-32	
• Hamburgers	2 pieces		-	28-32	

\* These indications are suitable for performing the minced meat cooking test according to standard no. 60705, paragraph 12.3.3. Cover the container with clear film for microwave use. Refer to the table on page 2 for information on other tests according to standard 60705.

\*\* These indications are suitable for performing the cooking tests according to standard no. 60705, paragraph 12.3.6.

### 3.5 - COOKING SIDE DISHES AND VEGETABLES

Compared to traditional cooking methods, vegetables retain more of their natural colour and nutritional goodness when cooked in a microwave oven. Before cooking, wash and clean the vegetables.

Cut larger vegetables into evenly sized pieces. Add 5 dessertspoons of water for every 500 g of vegetables (fibrous vegetables need more water). Vegetables cooked using the MICROWAVE ONLY function must always be covered with clear film. Mix at least once halfway through cooking and add a little salt at the end only.

**Important:** The cooking times in the table are purely indicative and depend on weight, the temperature of the food before cooking and the size and texture of the vegetables.

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
• Asparagus	500 gr	≈	7	9-11	Cut into 2 cm pieces
• Artichokes	300 gr	≈	7	10-12	Use of artichoke bottoms is preferable.
• Green beans	500 gr	≈	7	11-13	Cut into pieces
• Broccoli	500 gr	≈	7	7-9	Divide into individual florets
• Brussels sprouts	500 gr	≈	7	7-9	Leave whole
• White/green cabbage	500 gr	≈	7	7-9	Leave whole
• Red cabbage	500 gr	≈	7	7-9	Leave whole
• Carrots	500 gr	≈	7	9-11	Cut into equal sized pieces
• Cauliflower	500 gr	≈	7	11-13	Divide into florets
• Cauliflower cheese	1000 gr	≈	7	25-30	Times for raw cauliflower. If precooked, 12 minutes of combi with grill are enough
• Sedano	500 gr	≈	7	7-9	Divide into pieces
• Aubergines	800 gr	≈	7	6-8	Dice
• Grilled aubergines	2 slices	▼▼▼	-	12-15	Use the wire rack. Turn over halfway through cooking.
• Baked aubergines with parmesan cheese	1300 gr	≈	7	9-11	The aubergines can be fried or grilled first.
• Leeks	500 gr	≈	7	6-8	Leave whole
• Champignon mushrooms	500 gr	≈	7	6-8	Leave whole. No water required.
• Onions	250 gr	≈	7	5-7	Whole of a similar size. No water required.
• Spinach	300 gr	≈	7	6-8	Cover after washing and draining
• Peas	500 gr	≈	7	10-12	
• Fennel	500 gr	≈	7	12-14	Cut into quarters
• Gratin tomatoes	800 gr	≈	3	20-25	Ideally the same size
• Peppers	500 gr	≈	7	9-11	Cut into pieces
• Grilled peppers	2 quarters	▼▼▼	-	12-15	Use the wire rack. Turn over halfway through cooking
• Stuffed peppers	1400 gr	≈	7	25-30	Preferably the short squat kind
• Potatoes	500 gr	≈	7	8-10	Cut into equal sized pieces
• Roast potatoes (fresh)	500 gr	≈	3	25-30	Mix 1-2 times.
• Roast potatoes (frozen)	600 gr	≈	3	30	Mix 1-2 times.
• Gratin potatoes	1100 gr (totals)	≈	7	30-35	See note *
• Courgettes	500 gr	≈	7	7-9	Leave whole

\* These indications are suitable for performing the cooking tests according to standard no. 60705, paragraph 12.3.4.

Refer to the table on page 2 for information on other tests according to standard 60705.

### 3.6 - COOKING FISH

Fish cooks fast and with excellent results. It can be flavoured with a little butter or oil (or not at all). Cover with clear film. Cut skin before cooking. Arrange fillets evenly. Do not cook fish breaded with egg

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
• Fillets	300 gr	≈	4	7-9	Cover with film
• Slices	300 gr	≈	4	9-11	Cover with film
• Whole	500 gr	≈	4	10-12	Cover with film
• Whole	250 gr	≈	4	7-9	Cover with film
• Slices	400 gr	≈	4	9-11	Cover with film
• Crayfish	500 gr	≈	4	9-11	Cover with film
• Baked fish	600 gr	≈	1	30	Add oil, a clove of garlic, a little white wine and water. Do not cover.

### 3.7 - COOKING CAKES, PASTRIES AND FRUIT

At low power, cakes rise much more than with traditional cooking. As they do not form a crust, the surface should preferably be garnished with cream or icing (chocolate for example). Keep covered after cooking as they tend to become dry faster than those cooked in a traditional oven. If cooked with the peel, fruit should be pierced and kept covered. It is important to observe the standing time (3 - 5 minutes).

TYPE	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/TIPS
Walnut cake	700 gr	≈	4	11-13	It can be accompanied by any type of cream
Sacher cake	850 gr	≈	4	15-17	Fill with jam
Pineapple cake	800 gr	≈	4	13-15	The pineapple slices can be spread on the bottom of the cake tin or cut into pieces and worked into the dough
Apple cake	1000 gr	≈	4	15-17	The apples should be used to decorate the surface
Coffee cake	750 gr	≈	4	11-13	Excellent filled with cream
Zabaglione	300 gr	≈	5	1'-1'.30"	Whisk every 30 minutes
Cooked pears	300 gr	≈	7	2-3	Cut the pears into quarters
Cooked apples	300 gr	≈	7	3-4	Cut the apples into slices
Egg custard	750 gr	≈	7	16-18	These indications are suitable for performing the cooking tests according to standard no. 60705, paragraph 12.3.1.
Sponge cake	475 gr	≈	7	6-8	These indications are suitable for performing the cooking tests according to standard no. 60705, paragraph 12.3.2. Refer to the table on page 2 for information on other tests according to standard 60705.



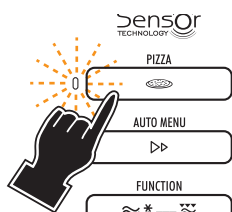
### 3.8 - COOKING USING THE PIZZA FUNCTION (NOT ALL MODELS)

This can be used to cook/heat all commercial FROZEN products in the "snack" category such as, for example, bread, savoury snacks, mini-pizzas, quiches, flavoured hamburgers, duchesse potatoes, pastries, croissants, etc.

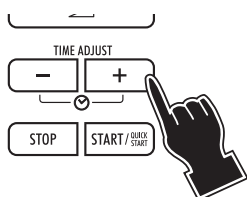
For best results, remember these simple general rules/tips:

1. The special "PIZZA" plate must ALWAYS be preheated each time you use it. The oven does this automatically when the programme is set and the **START** button (8) is pressed.
2. Before using the oven, ALWAYS consult the table (on next page) to see to which category the food you are cooking belongs to.

Proceed as follows:

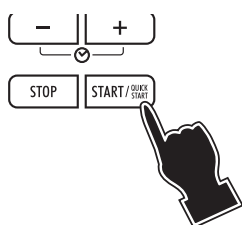


- 1 Press the **PIZZA** button (2) and use the **POWER LEVEL** button (5) to select the required cooking level. The LED alongside the **PIZZA** button (2) comes on.

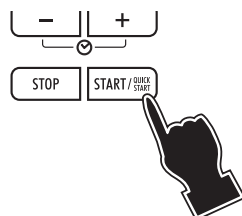


- 2 Press the **TIME ADJUST** buttons (6) (not together) to set the cooking time. Always consult the tables in Chapter 3 to establish the correct cooking time.

Note: you can also change the cooking time set DURING cooking by simply pressing the **TIME ADJUST** buttons (6) (not together).



- 3 Once you have chosen the level, place the "PIZZA" plate (oiled if you wish) in the oven. Close the door and press the **START** button (8). The oven will automatically heat up the plate for 3 minutes. The countdown till the end of preheating is displayed.

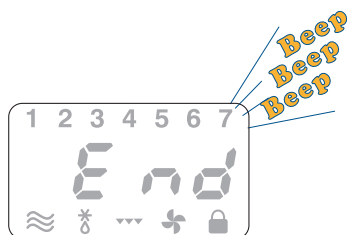


- 4 When the oven is preheated, it emits two beeps. Remove the "PIZZA" plate from the oven using oven mitts (take care, it is very hot!) and place the food to be cooked/heated on the plate. Place the "PIZZA" plate in the oven and press the **START** button (8) again. If no button is pressed within 2 minu-



### chapter 3 - using the oven: tips and cooking time tables

tes, the oven resets to standby.  
The set time appears on the display.



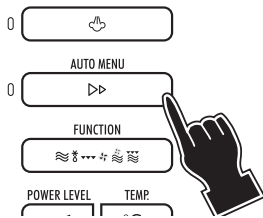
- 5** The end of cooking is indicated by three "beeps" and "END" is displayed. Open the door and remove the food. When the **STOP** button (7) is pressed or 3 minutes after the end of cooking, the clock is displayed.

**Important: while cooking/heating the food, the oven functions in combi grill. Take great care when taking the food out of the oven as both the "PIZZA" plate and the element at the top of the oven become very hot.**

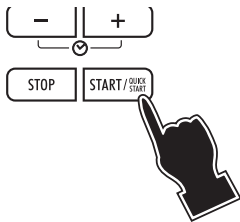
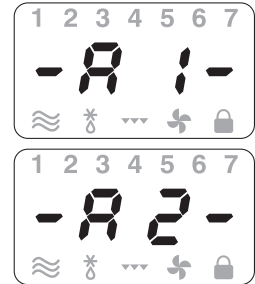
Below are some tips for getting the best from this function and obtaining optimum results.

TYPE	LEVEL	PROCEDURE - NOTES/TIPS
Frozen pizza	1	Place the pizza on the plate and cook for 10 minutes.
Frozen mini-pizzas	1	Place the mini-pizza on the plate and cook for 6 minutes. If you are cooking more than 1 frozen mini-pizza, increase the cooking time.
Fresh pizza	1	Oil and preheat the pizza plate. Lay the pizza dough on the hot plate and add the topping (except the mozzarella cheese). Cook for 8 minutes, add the mozzarella, then finish cooking for a further 5 minutes.
Flatbread	1	Oil and preheat the pizza plate. Place the flatbread dough on the pizza plate, top with olives, bacon, etc to taste, then cook for 16 minutes.
Frozen cordon bleu	2	Place the cordon bleu on the plate and cook for 9 minutes. Do not turn during cooking.
Frozen soffcini	2	Place the soffcini on the plate and cook for 10 minutes. Do not turn during cooking.
Frozen fish fingers	2	Place the fish fingers on the plate and cook for 8 minutes. Do not turn during cooking.
Frozen uncooked croissants	1	Place the croissants on the plate and cook for 6 minutes.
Courgettes	2	Place the sliced courgettes on the plate and cook for 12 minutes.
Aubergines	2	Place the sliced aubergines on the plate and cook for 11 minutes without turning.

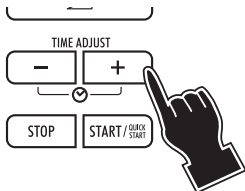
### 3.9 PROGRAMMING AUTOMATIC COOKING CYCLES



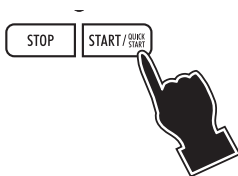
- 1** Press the **AUTO MENU** button (3) and choose the required function. The corresponding message is displayed. The following functions are available:
- A1: bread defrost
  - A2: potatoes
  - A3: roast
  - A4: chicken
  - A5: fish
  - A6: lasagne



- 2** Confirm the automatic function by pressing the **START** button (8).



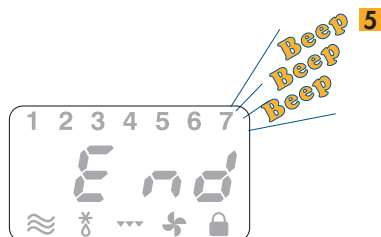
- 3** Set the required quantity of food to be cooked by pressing the **AUTO MENU** button (3) (certain functions only).



- 4** Press the **START** button (8) to begin cooking. A countdown of time to the end of cooking appears on the display.



**Note:** If you do not start cooking within 2 minutes, the settings will be automatically cancelled.



**5** The end of cooking is indicated by three beeps and "END" is displayed. Open the door and remove the food. When the door is opened, a further cooking time is displayed in case the food is undercooked.

To begin the extra cooking, press the **START** button (8).

When the **STOP** button (7) is pressed, or 3 minutes after the end of cooking, the clock is displayed.

**Note:** • you can open the door to check on cooking at any time.

Microwave emission and operation of the oven cease and will start again when the door is closed and the **START** button is pressed (8).

- If cooking must be stopped for any reason, this can be done without opening the door by pressing the **STOP** button (7).
- To finish cooking, proceed as follows:
  - If the oven door is open, simply press the **STOP** button (7) once.
  - if the oven door is closed and cooking is in progress, press the **STOP** button (7) twice. The clock is displayed again.

This function simplifies certain types of cooking/heating. Just select the appropriate category and weight of food to be cooked.

The categories are divided as follows:

**A1. Bread defrost:** ideal to make defrosted bread hot and fragrant.

Place the bread directly on the turntable, select the weight and press the **START** button (8).

**A2. Potatoes:** ideal to cook traditional jacket potatoes.

Wash the potatoes well, pierce them with a fork and place them directly on the turntable. Select the weight and press the **START** button. Serve filled with butter or cheese.

**A.3 Roast:** ideal for cooking meat traditionally.

Place the meat in a Pyrex dish (add a little water to keep it moist). Select the weight and press the **START** button. Turn the meat halfway through the cooking time.

**A.4 Chicken:** ideal for cooking chicken whole or in pieces. Place the chicken directly on the turntable, select the weight and press the **START** button (8). Turn the chicken over halfway through the cooking time.

**A.5 Fish:** ideal for cooking fish traditionally.

Place the fish in a Pyrex dish, add a glass of water and place directly on the turntable. Press the **START** button (8). The preset time corresponds to a fish of about 500 g.

**A.6 Lasagne:** ideal for heating 500 g of frozen lasagne.

Place the food in a Pyrex dish directly on the turntable and press the **START** button (8).

# CHAPTER 4 - CLEANING AND MAINTENANCE

## 4.1 CLEANING

**Before cleaning or maintenance, always unplug the appliance from the mains and wait until cold.**

To keep your appliance in the best possible condition, clean the door and inside and outside of the oven with a damp cloth and neutral soap or washing up liquid.

Always keep the microwave outlet cover (C) free from grease or splashes of fat. **Attenzione: il vostro forno è verniciato. Do not use abrasives, steel wool or sharp metal utensils.** When cleaning the outside of the oven, **do not allow water or liquid detergent to penetrate the air and steam outlet vents on the top of the appliance.** You should not use alcohol, abrasive detergents, or ammonia based detergents to clean the surface of the door.

To ensure perfect closure, always keep the inside of the door clean. Do not allow dirt or remains of food to accumulate between the front panel of the oven and the door.

Do not use steam cleaners to clean the inside of the oven.

Clean the air intake vents at the back of the oven regularly to keep them free of dust and dirt.

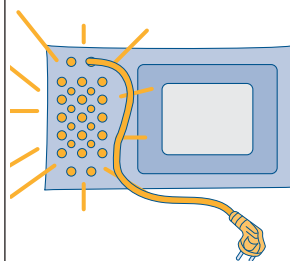
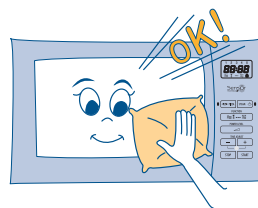
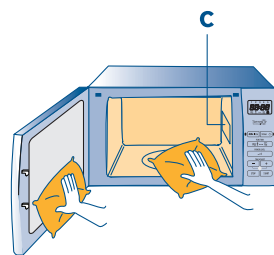
From time to time, remove the turntable (G) and support (H) for cleaning. Also clean the bottom of the oven.

Wash the turntable and support with water and neutral soap **(they can be washed in a dishwasher).**

**Never plunge the hot turntable into cold water. The sudden change in temperature could cause it to crack.**

The turntable motor is sealed.

However, when cleaning the bottom of the oven, take care to avoid water from entering under the turntable support (H).



### Important information for correct disposal of the product in accordance with EC Directive 2002/96/EC.

At the end of its working life, the product must not be disposed of as urban waste.


It must be taken to a special local authority differentiated waste collection centre or to a dealer providing this service.

Disposing of a household appliance separately avoids possible negative consequences for the environment and health deriving from inappropriate disposal and enables the constituent materials to be recovered to obtain significant savings in energy and resources. As a reminder of the need to dispose of household appliances separately, the product is marked with a crossed-out wheeled dust-bin.



## 4.2 MAINTENANCE

In the case of malfunction or defective operation, contact a technical service centre authorised by the manufacturer. Before contacting us, however, it is worth carrying out the following simple controls.

PROBLEM	CAUSE/SOLUTION
The oven does not work.	<ul style="list-style-type: none"> <li>Reset the electronic control by unplugging the appliance from the mains for at least 1-2 minutes.</li> <li>The energy saving function may have been activated (display off). Press any button.</li> <li>The door is not correctly closed</li> <li>The plug is not correctly inserted in the socket</li> <li>No current from socket (check the household fuse).</li> <li>The child safety device has been activated (  symbol displayed).</li> </ul>
Condensation on the support surface, inside the oven or around the door	<ul style="list-style-type: none"> <li>When cooking food containing water, it is completely normal for steam generated inside the oven to be given off and condense inside the oven, on the cooking surface or around the door.</li> </ul>
Sparks inside the oven	<ul style="list-style-type: none"> <li>Never turn the oven on without food when using microwave or combi functions.</li> <li>When using the above functions, do not use metal containers or bags or packs with metal staples.</li> </ul>
The food does not heat or cook properly	<ul style="list-style-type: none"> <li>Select the correct function or increase cooking time.</li> <li>The food was not completely defrosted before cooking.</li> </ul>
The food burns	<ul style="list-style-type: none"> <li>Select the correct function or reduce cooking time.</li> </ul>
The food does not cook evenly	<ul style="list-style-type: none"> <li>Stir food during cooking. Remember that food cooks better if cooked into evenly sized pieces.</li> <li>The turntable is blocked.</li> </ul>

**NOTE:** If the oven light burns out, you can continue to use the appliance without problem. To replace the bulb, contact an authorised Service Centre.