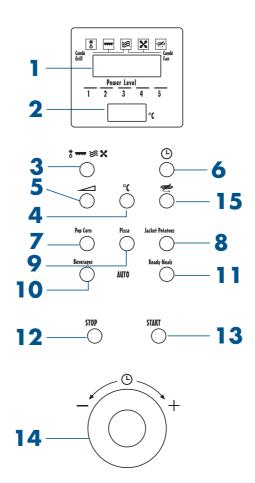
MICROWAVE FAN OVEN WITH ELECTRONIC CONTROLS

Data and instruction for Performance Tests according to IEC 705 and further Amendment Document 59H/69/CD.

The International Electrotechnical Commission SC 59H, has developed a Standard for comparative testing of heating performances of microwave ovens. The Draft of the new Edition of this Standard has been circulated with Document 59H/69/CD, which also describes the tests marked, in this table, with (*).

We recommend the following for this oven:

Test Nr. on standard	Item	Duration	Function	Power Level	Oven temp.	Weight	Standing time	Note
А	Egg custard	16 min.	only mw	5	-	750 gr	5 min	The upper surface shall be evaluated after the standing time. The inner custard evaluation shall be conducted after two hours.
В	Sponge cake	6 min.	only mw	5	-	475 gr	5 min	Use the borosilicate glass container stated in the Standard (max. dia. 210 mm) or a Pyrex® glass container dia. 210 mm, height 50 mm and wall thick 6 mm. Put the container on the low wire rack placed on the turntable.
С	Meat loaf	20 min.	only mw	4	-	900 gr	5 min	Cover the container with cling film and pierce the film. Use the rectangular borosilicate glass container stated in the Standard or the Arcopal® Cat. nr. Z1/B8 (01)10460-1.
Defrosting	Defrosting minced meat	11 min.	only mw	*	-	500 gr	15 min	Place the frozen load directly on the turntable (I). Turn upsidedown the load after half of the defrosting time.
D (*)	Potato gratin	30 min.	combi mw + fan (simult.)	4	170°C	1100 gr	5 min	Use the borosilicate glass container stated in the Standard (max. dia. 210 mm) or a Pyrex® glass container dia. 210 mm, height 50 mm and wall thick 6 mm. Put the container on the lower wire rack (F) placed on the turntable.Do not preheat the oven.
E (*)	Sponge cake	30 min.	combi mw + fan (simult.)	2	160°C	710 gr	5 min	Use the borosilicate glass container stated in the Standard (max dia. 210 mm) or a Pyrex® glass container dia. 210 mm, height 50 mm and wall thick 6 mm. The oven shall be preheated (in FAN ONLY function) with the lower rack (F) placed on the turntable. Once preheated, place the container on the lower rack (F).
F (*)	Poultry	50 min.	combi mw + fan (simult.)	4	190°C	1200 gr	5 min	The following instruction shall be strictky observed for this type of load: put the chicken in a pyrex® glass container dia 210 mm, height 50 mm and wall thickness of 6 mm. Put the container on the lower wire rack (F) placed on the turntable.



DESCRIPTION OF THE CONTROL PANEL

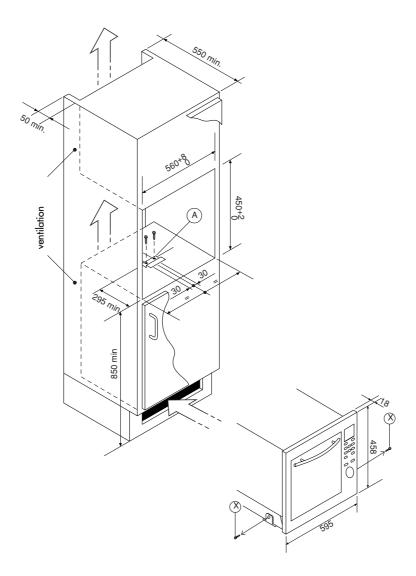
- 1. Time and mode display
- 2. Oven temperature display
- 3. Function Key: mode selection
- 4. "°C" Temperature key: oven temperature selection
- Power level key: microwave power level selection
- 6. © Clock key: setting the clock

- 7 8 9 10 11
 - "AUTO" keys: pre programmed rapid selection
- **12.** "STOP" key: interruption of cooking and cancellation of settings
- 13. "START" key: start of cooking and rapid reheating
- 14. © Time Adjust knob: setting of time and cooking duration
- 15. F Turntable stop key

BUILDING-IN

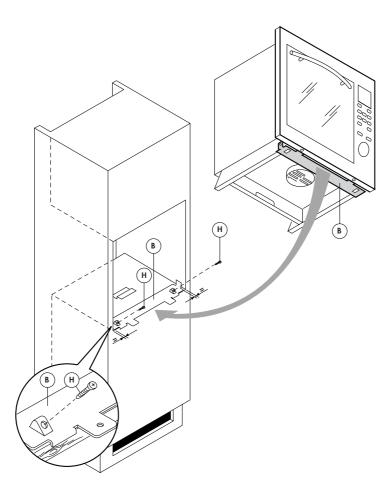
Inside the oven there is a plastic bag with fixing material. Take this bag out of the oven.

- 1. Remove the two screws ${}^\prime X^\prime$ from the fastening bar under the microwave oven.
- 2. Fasten metal strip 'A' using the two screws 'X' that have just been removed.



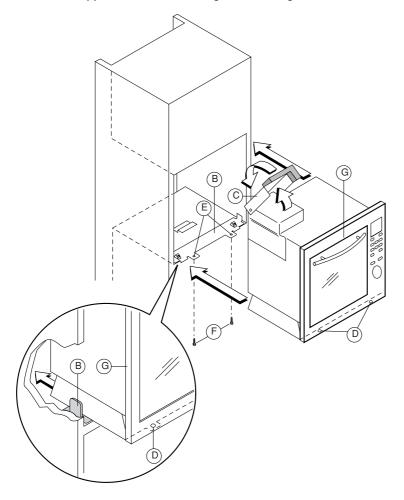
The appliance needs sufficient ventilation. Make an opening in the plinth at least 280 cm² large for this purpose.

3. Fit the fastening bar 'B' at the correct position in the recess. Make sure that there is the same amount of free space at each side of the fastening bar. Fasten the bar with the screws 'H'.



Fix the fastening bar such that the two lips stick out over the edge of the bottom of the recess and rest against it at the front.

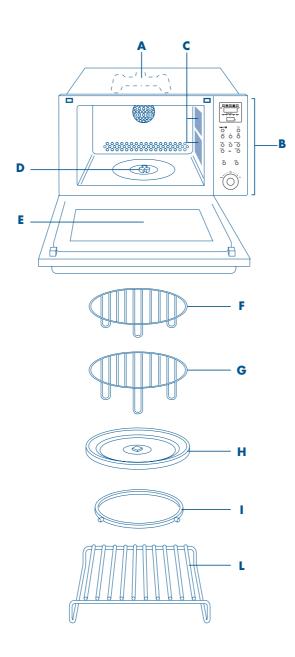
- 4. Open the lid of the smoke discharge 'C' fully.
- 5. Slide the appliance into the recess. Slide the front of the appliance over the fastening bar 'B'. Keep sliding it until the front of the oven 'G' is resting against the cupboard and the holes 'D' under the oven are aligned with the holes 'E' in the fastening bar 'B'.
- 6. Fasten the appliance to the fastening bar 'B' using the screws 'F'.



ELECTRICAL CONNECTION - IMPORTANT:

If the appliance is provided with supply cord AND plug, the appliance shall be positioned so that the plug is always accessible.

If the appliance is provided with a supply cord WITHOUT the plug, the appliance must be connected to a fixed main wiring incorporating a disconnection switch with contact separation of at least 3 mm in all poles and provided with permanent connection to earth.



DESCRIPTION

- A Grill heating element
- **B** Control panel
- C Microwave outlet cover
- **D** Turntable spindle
- E Door glass
- F Low wire rack

- **G** High wire rack
- H Turntable
- I Turntable support
- L Rectangular wire rack

INDEX

	Important safety warningspag.	9
	Technical datapag.	10
1.3	Installation and electrical connectionpag.	10
1.4	Accessories suppliedpag.	11
1.5	Ovenware to usepag.	12
1.6	Rules and general suggestions for using the ovenpag.	13
CHAP. 2 – USING THE CONTR	OLS AND SETTING THE MODES	
2.1	Setting the clockpag.	14
	Programming the cookingpag.	15
	Automatic sequence for defrosting and cookingpag.	17
2.4	Recalling the pre-memorised recipes	
	("Auto" keys)pag.	18
2.5	Quick Reheatpag.	18
2.6	Child safetypag.	18
2.7	Stop Turntable keypag.	18
2.8	Timer only functionpag.	18
CHAP 3 – USING THE OVEN:	SUGGESTIONS AND TIME GRIDS	
3.1		19
	Reheatingpag.	20
	Cooking first coursespag.	21
	Cooking meatpag.	21
	Cooking side dishes and vegetablespag.	22
	Cooking fishpag.	23
	Cooking desserts and cakespag.	23
3.8	Reheating/cooking using the "Auto" keyspag.	24
CHAP. 4 – CLEANING AND M	AINTENANCE	
	Cleaningpag.	25
	Maintenancepag.	26

1.1 IMPORTANT SAFETY WARNINGS

Read carefully these instructions and keep for future reference

- WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person (trained by the manufacturer or by its Customer Service).
- 2) WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.
- 3) WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode even after microwave heating has ended.
- 4) WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use. Do not allow children near the oven when it is in operation, as this may result in severe burns.
- 5) Do not attempt to operate the oven with the door open by tampering with the safety devices.
- 6) Do not operate the oven if objects for any kind get stuck between the front panel of the oven and the door. Always keep the inside of the door (E) clean, using a damp cloth and non-abrasive detergents. Do not allow dirt or remains of food to accumulate between the front panel of the oven on the door.
- 7) The following warnings must be considered when the door is open: Do not place heavy objects on the door or pull the handle downwards any further. Never place hot containers or pans (e.g. just taken off the stove) on the door.
- 8) Do not operate the oven if the supply cable or the plug is damaged, as this may result in electric shocks. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similary qualified person in order to avoid a hazard.
- 9) The appliance is not intended for use by young children or infirm persons. Young children should be supervised toensure that they do not play with the appliance.
- 10) If smoke is observed, switch off or unplug the appliance and KEEP THE DOOR CLOSED in order to stifle any flames.
- 11) Only use utensils that are suitable for use in microwave ovens. In order to avoid overheating and the consequent risk of fire, it is advisable to supervise the oven when cooking food in disposable containers made of plastic, cardboard or other inflammable materials, and when heating small quantities of food.
- 12) Never place the turntable in water after it has ben heated for a long time. The high thermal shock resulting would break the turntable.
- 13) When cooking "Only MICROWAVE" and "COMBINED WITH MICROWA-VE", you absolutely must not pre-heat the oven (without foodstuffs in it) and you must not operate it when it is empty, because you might cause sparking.
- 14) Before using this oven, check to be certain that the utensil and containers chosen are suitable for microwave oven use (see the section on "Glassware and Similar Items").
- 15) During the use the appliance becomes hot. Do not touch the heating elements inside the oven.
- 16) When heating liquids (water, coffee, milk, etc.) it is possible that the contents may suddenly start to boil and spill violently as a result of delayed boiling, causing scalding. To avoid this happening, you should place a



heat-resistant plastic spoon or a glass rod in the container before starting to heat liquids. Anyway, care shall be taken when handling the container.

- 17) Do not heat spirit with a high alcohol content, nor large quantities of oil, as these could catch fire!
- 18) The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature shall be checked before consumption in order to avoid burns. It is also advisable to stir or shake the food in order to ensure that it has an even temperature.
 - When using commercially available bottle sterilisers, before turning the oven on, ALWAYS make sure the container is filled with the quantity of water indicated by the manufacturer.

N.B. When the oven is used for the first time it is possible that, for a period of approx. 10 minutes, it may produce a "new" smell and a small amount of smoke. This is only a result of protective substances applied to the heating element.

1.2 TECHNICAL DATA

ENERGY CONSUMPTION (CENELEC HD 376 norms)

To reach 200°C	0,35 kWh
To maintain a temperature of 200°C for an hour	1,15 kWh
Total consumption	1,5 kWh

O U T P U T P O W E R

In this oven the maximum power of the microwave, is shown on the data plate placed on the front frame of the appliance, under the heading MICRO OUTPUT.



In some models the maximum power yielded in WATTS, is also indicated in the symbol on the side, shown on the control panel.

This information will be useful for you to consult the prescription pads for microwaves currently on sale.

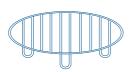
• MICROWAVE OUTPUT POWER: 1000W (IEC 705)

For further data, consult the rating plate positioned on the front frame of the appliance. This appliance conforms to E.E.C. directive no. 89/336 and 92/31 regarding Electromagnetic Compatibility, and to directive 89/109/E.E.C. regarding materials which come into contact with food.

1.3 INSTALLATION AND ELECTRICAL CONNECTION

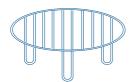
- 1) First built-in the oven (see instruction for installation), then clean the inside with a soft, damp cloth.
- 2) Check that there is no damage as a result of transportation, and in particular that the door opens and closes properly.
- 3) Place the support (I) in the centre of the circular groove and fasten the turntable (H) to it. The spindle (D) should be inserted in the corresponding groove in the centre of the turntable.
- 4) Only connect the appliance to a power socket with a power capacity of at least 10A. Also make sure that the main switch installed in your home has a minimum power capacity of 10A in order to avoid it suddenly tripping while the oven is on.
- 5) After the installation has been performed, the power supply cable and the power socket must be easy to access.
- 6) Before use, check that the power supply voltage is the same as the one shown on the rating label and that the power outlet is properly earthed: the manufacturer disclaims any liability in the event of non-compliance with this safety regulation.

1.4 ACCESSORIES SUPPLIED



LOW WIRE RACK Fan Oven Only mode:

for all types of traditional cooking, especially cakes



HIGH WIRE RACK Grill Only mode:

for all types of grilled food.

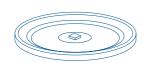
The turntable (H) can be left in place.

This wire rack cannot be used for microwave cooking.

Combined microwave + fan oven mode or

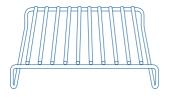
microwave + grill

For rapid cooking of meat, potatoes, some leavened cakes and desserts and gratinéed dishes (i.e lasagne)



TURNTABLE

The turntable is used in all modes.



RECTANGULAR WIRE RACK

Fan oven only mode

For all types of traditional cooking to be done in large casserole dishes. The food must be stirred and turned during the cooking process. Position this wire rack directly on the bottom of the oven.

1.5 OVENWARE TO BE USED

In the "Microwave Only" and "Microwave Combined" modes, all types of containers in glass (preferably Pyrex), ceramics, china and clay may be used provided that they are undecorated and free of metal parts (i.e. gilt trimmings, handles, feet etc.). Heat resistant plastic containers can also be used, but only for "Microwave Only" cooking. If you are still doubtful about using a particular container, you can perform a simple test. Place the empty container in the oven for 30 seconds at maximum power ("Microwave Only" function).

If the container is still cold or only slightly warm, it is suitable for microwave cooking.

If it is very hot or gives out sparks, it is not suitable.

Containers in heat-resistant plastic may also be used. Paper napkins, cardboard trays and disposable plastic plates can also be used for short cooking times. The size and shape of the containers must be such as to allow them to rotate properly inside the oven.

Metal, wood, cane and crystal containers are not suitable for microwave cooking.

It is worth remembering that - since microwaves heat the food, not the dish - it is possible to cook the food directly on the plate on which it is to be served. This means that you do not need to use saucepans. However, remember that heat may be transferred from the food itself to the plate, making it necessary to use an oven glove.

If the oven has the "Fan Oven Only" or "Grill only" settings, all types of ovenware may be used. In any case, observe the guidelines shown in the following table:

		Glass	Pyrex	Glass- ceramics	Terracotta	Silver foil	Plastic	Paper or cardboard	Metal contai- ners
Mode:	"Microwave Only"	YES	YES	YES	YES	NO	YES	YES	NO
Mode:	"Combined"	NO	YES	YES	YES	NO	NO	NO	NO
Mode:	"Fan Only" "Grill Only"	NO	YES	YES	YES	YES	NO	NO	YES

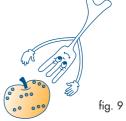
1.6 RULES AND GENERAL SUGGESTIONS FOR USING THE OVEN

Microwaves consist of electromagnetic radiation found in nature under the form of light waves (e.g., sunlight). Inside the oven, these waves penetrate food from all directions and heat up the water, fatty and sugar molecules. Heat is produced very quickly only in the food itself, whereas the container being used warms up indirectly by means of heat given off by the heated food. This prevents food from sticking to its container, so you can use very little fatty substance or, in some cases, no fat at all during the cooking process.

Therefore cooking in a microwave oven is considered to be healthy and good for one's diet. And in contrast to traditional methods, cooking in a microwave foodstuffs are less dehydrated, lose less of their nutritional value, and retain more of their original flavour.

Basic rules for correct cooking with a microwave oven

- 1) In order to set cooking times correctly, remember (in referring to the charts on the following pages) that when you increase the amount of foodstuffs the cooking temperature must likewise be proportionately increased and vice-versa. It is important to respect the "standing" times: **standing time** means that period during which the food must be left to "rest" after being cooked so as to allow an even greater spreading of the temperature within. The temperature of meat, for example, will rise about 5°-8° C. (approx. 9°-15° F.) during the standing time. Standing times may be observed either inside or outside the oven.
- 2) One of the main things you must do is **stir** the food several times while it is being cooked. This helps make the temperature distribution more uniform and thus shortens the cooking time.
- 3) It is also advisable to **turn** the foodstuff **over** during its cooking process: this applies especially for meat, whether it is in large pieces (roasts, whole chickens, etc.) or small (chicken breasts, etc.).
- 4) Foods having a skin, shell or peel (e.g., apples, potatoes, tomatoes, frankfurters, fish) must be pierced with a fork in several points so as to permit steam to escape and to prevent those items from exploding.
- 5) If you are preparing a large number of portions of the same food item (e.g., boiled potatoes), **place** those portions in a Pyrex dish in order to have them cook in a uniform manner.
- 6) The lower the temperature at which a foodstuff is placed in a microwave oven, the longer the cooking time required. Food having a room temperature will cook more quickly than food having a refrigerator temperature.
- 7) Always do your cooking by placing the food container in the centre of the turntable.
- 8) It is perfectly normal for condensation to form inside the oven and near the air outlet. To reduce such condensation, cover the foodstuffs with clear-sheet, wax paper, a glass lid or simply an overturned plate. Then, too, foods having a water content (e.g., greens and vegetables) cook better when covered. The covering of food also helps keep the oven clean on the inside. Use clear-sheet made expressly for microwave ovens.
- Do not cook eggs in their shells
 Do not re-heat eggs which have already been cooked, unless they are scrambled.
- 10) Open containers which are air tight or sealed before heating or cooking.



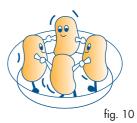




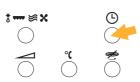
fig. 11

CHAPTER 2 – USING THE CONTROLS AND SETTING THE MODES

2.1 SETTING THE CLOCK

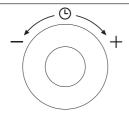
• When the appliance is connected to the domestic power supply for the first time, or after a power cut, four dashes will appear on the display (----).

In order to set the time of day, proceed as described below:



Press the O key (6). (The hours flash on display 1)

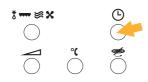




Set the desired time by turning the time adjust knob (14).

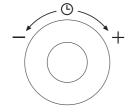
(The hours flash on display 1)





Press the key (6) again.
(The minutes flash on display 1)





Set the desired minutes by turning the time adjust knob (14)

(The minutes flash on display 1)





Press the key (6) again. (The display shows the time set)



- If you wish to change the hour on the dial once it has been set, press the " () " key (6) before proceeding to set the new time as described above.
- It is possible to display the current time even after starting the mode set, by pressing the " () " key (6) (the time is displayed for 2 seconds).

CHAPTER 2 - USING THE CONTROLS AND SETTING THE MODES

2.2 PROGRAMMING THE COOKING

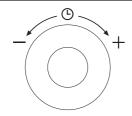


Press the function key (3) (mode selection) and select the desired mode. The corresponding symbols will apear above the display. The available modes are:

	Combi Grill		≥	y O i	Gombi Fan	
ı	_	Por	wer Lev	el		
ı	1	۷_	3	-4	9	
					٠,	

INDICATOR	MODE SELECTED
×	Microwave Only
*	Automatic Defrosting
	Combined Microwave e
≋ X	Fan Oven

INDICATOR		MODE SELECTED						
S	***	Combined Microwave and Grill						
	×	Fan Oven Only						
	•••	Grill Only						
		Timer						

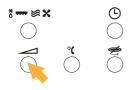


2 Set the length of cooking time, in minutes, by turning the time adjust knob (14).

(To choose the length of cooking time, always consult the tables shown in Chapter 3).

Note: The cooking time may be changed even while cooking is underway simply by turning the time adjust knob (14), unless the child safety device has previously been actived (see chapter 2.6).





3 In the modes:

Microwave Only Combined Microwave + Fan Oven

Combined Microwave + Grill

Consider Con

select the microwave power level by repeatedly pressing the power level \longrightarrow key (5) until the indicator of the desired level power (expressed in numbers) flashes, above the display 2 (on the bottom). In order to select the power, always consult the tables shown in Chapter 3.

- **Note** it is not necessary to select any level of power for the **Automatic Defrosting mode**.
 - in the Combined Microwave + Fan Oven mode the maximum microwave power which can be selected is 750 Watts.
 - it is possible to modify the power set even during cooking, simply by pressing the power level key (5).

CHAPTER 2 – USING THE CONTROLS AND SETTING THE MODES



In the modes:

Combined microwave + fan oven
Fan oven only



select the cooking temperature by repeatedly pressing

the °C key (4) until the desired temperature is displayed. To select the temperature, consult the tables shown in Chapter 3.

Note • Once the cooking has been started, display 2 will show the actual temperature inside the oven

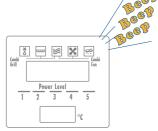
- Once the temperature set has been reached, a signal will be emitted (3 beeps). The temperature set will then remain displayed.
- It is possible to modify the power set even during cooking, simply by pressing the °C key (5).





Start the cooking process by pressing the **START** key (13). The countdown of the remaining cooking time will be displayed, and if included in the mode, the oven temperature will also display.

Note: • Should the cooking process for any reason fail to start, all the settings will be automatically cancelled after 2 minutes.



When cooking finishes, a sound signal is emitted (3 beeps) and the word "END" will appear on the display. Open the door and take out the food (the time will appear, or if the oven is hot, the word "EDDL" – see note below).

Note: • It is possible to check the progress of the cooking set at any time, by opening the door and inspecting the food. This stop the microwave working until the door is closed and the **START** key is presented.

- Should it be necessary to suspend the cooking without opening the door, just press the **STOP** key (12).
- In order to complete the cooking, proceed as follows:
 - if the oven door is open, press the STOP key (12) once;
 - if the door is closed and cooking is underway, press the **STOP** key (12) twice; the display will go back to showing the clock.
- this model is equipped with an automatic cooling cycle which comes into action whenever the oven is very hot (for example after something has been cooked for a long time). During this cycle the word "COOL" will display. The fans and the oven light will come on & then turn off automatically when sufficiently cooled.

At the end of each cooking cycle, the oven light and the cooling fan will remain in operation until the oven door is opened.

CHAPTER 2 - USING THE CONTROLS AND SETTING THE MODES

2.3 AUTOMATIC DEFROSTING AND COOKING SEQUENCE

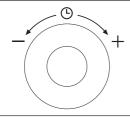
To programme an automatic defrosting and cooking sequence follow these instructions:





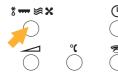
Set the automatic defrosting mode by pressing the function key (3) twice (mode selection) . The corresponding automatic defrosting symbol will appear on the display.





2 Set the length of time required for the defrosting (in minutes) by turning the time adjust knob (14).

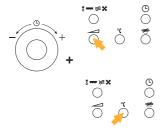




3 Set the cooking option by selecting the desired mode with the function key (3) (mode selection) until the corresponding symbol appear.

(ex. Combined microwave + fan function)





Adjust the cooking time and, if included in the mode, the microwave power level and the oven temperature as required.







5 Press the **START** key (13).

The change from defrost to cooking mode is signalled by a beep.









CHAPTER 2 – USING THE CONTROLS AND SETTING THE MODES

2.4 USING THE PRE-PROGRAMMED RECIPES (AUTO KEYS)

Press the desired AUTO key.

(The indicators of the length and temperature set will flash on the display and the pre-memorised mode and power level indicators will come on.)

Consult paragraph 3.8 in order to choose the most suitable menu.

STOP

START

Press the START key (13) in order to start cooking.

At the end of the pre-set time 3 long beeps will be heard and the word "END" will appear on the display.

2.5 QUICK REHEAT

This mode is very useful for heating small quantities of food and drink.

- Press the START key (13); the oven will come on for 30 seconds at maximum power. By pressing the key
 again the time will increase by 30 seconds each time up to 3 minutes.
- This mode is activated only if it is carried out within 1 minute of the food being placed in the oven. The Quick Reheat is also useful to complete unfinished cooking.

When the cooking procedure has started, the programmed time can be modified with the \bigcirc time adjust knob (14) to a maximum time of 60 minutes.

2.6 CHILD SAFETY

The oven is equipped with a safety device which prevents pre-set cooking times from being tampered with whilst the cooking is underway.

To activate the safety feature:

- Press the STOP key (12) for 5 seconds.
- A short beep will sound, and it will no longer be possible to alter the times during all cooking.
- To deactivate this safety feature once activate, press the STOP key (12) until the beep is heard.

2.7 STOPPING THE TURNTABLE

When using large sized containers that are not able to rotate, the turntable can be stopped. Press the stop turntable key (15), after selecting a cooking function (the LED in the top right will start flashing).

After pressing **START**, the LED will flash a further 5 times, and will then remain on for the duration of set time. The turntable stopper function will remain on the next time the oven is used, until the stop turntable key is pressed again.

For the microwave-only function, the maximum power available is 750W (reduced automatically when the stop turntable key is pressed).

2.8 TIMER ONLY FUNCTION

This function allows for the use of the timer, (oven NOT functioning) for up to 60 minutes.

- Press the Function key until 3 dashes are displayed, then select the desired time by turning the

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- At the end, 3 beeps will sound and the "END" warning will be displayed.

3.1 DEFROSTING

- Frozen food in plastic bags, plastic film or cardboard packets can be placed directly in the oven for defrosting as provided the packet has no metal parts (e.g. metal ties or staples).
- Certain foods, such as vegetables and fish, do not require complete defrosting before being cooking.
- Boiled foods, stews and meat sauces defrost better and more quickly if they are stirred from time to time, turned over and/or separated.
- Meat, fish and fruit lose a certain amount of liquid during defrosting. Defrost these foods in a bowl.
- It is important to observe the standing times immediately after defrosting, before cooking. The standing time (in minutes) is the length of time for which the food must be left to stand to allow the heat to spread evenly through out the food.

TABLE OF DEFROSTING TIMES IN "AUTOMATIC DEFROSTING" MODE

IABLE OF DEFROS	11140 1111	AUTOMATIC DEFROSTING			
TYPE	QUANTITY	TIME (minutes)	NOTES/SUGGESTIONS	WIRE RACK TO BE USED	STANDING TIME
MEAT					
Roasts (pork, beef, veal etc.)	1 kg	19 - 21		None	20
• Steaks, chops, rashers	200 gr	4-6	Turn over halfway through defrosting	None	5
• Stew, goulash	500 gr	10 - 12	l lotti over ridiiway iriloogii deriosiirig	None	10
Minced	250 gr	5 - 7		None	15
Willicea	500 gr	10 - 12	See note *	None	15
Hamburgers	500 gr	5 - 7	See note *	None	10
• Sausages	200 gr			None	10
• Sausages	300 gr	6 - 8		None	10
POULTRY —					
Duck, turkey	1 6 1	25 - 27	T de	None	20
Whole chicken	1,5 kg		Turn the poultry over halfway through .	None	20
Pieces of chicken	1,5 kg	25 - 27	When the standing time is over, rinse	None	10
	850 gr	13 - 15	under warm water to remove any ice.		
Chicken breast	300 gr	8 - 10		None	10
VEGETABLES					
			Frozen vegetables do not need to be		
			defrosted before cooking		
FISH —————			acresica serere accining		
• Fillets	300 gr	7 - 9	Turn the fish over halfway through	None	7
• Slices	400 gr	8 - 10	defrosting	None	7
Whole	500 gr	10 - 12	derrosning	None	7
• Prawns	400 gr	8 - 10		None	7
- Trawns	400 gi	0 - 10		140110	•
MILK/DAIRY PRODUCTS —					
• Butter	250 gr	4-6	Remove the silver foil or any metal parts Do	None	10
561101	250 gi	~ ~	not frost completely. Observe the standing		
Cheese	250 gr	5 - 7	time.Cream should be removed from its	None	15
Checoo	230 gi	' '	container and placed in a dish.	140110	
Cream	200 ml	7 - 9	Container and placed in a distr.	None	5
Crediti	200 mi	/ - 7		None	3
BREAD					
2 medium-sized rolls	150	1 - 2	Put the bread directly onto the turntable.	None	3
4 medium-sized rolls	150 gr	2 - 4	Put the bread directly onto the furnitable.	None	3
Sliced bread	300 gr			None	3
Sliced wholemeal bread	250 gr	2 - 4			
Slicea wholemeal bread	250 gr	2 - 4		None	3
FRUIT —					
Strawberries, plums, cherries, redcurrants, apricots	500	0 10	C: 0 0 :	None	10
	500 gr	8 - 10	Stir 2-3 times	None	10
• Raspberries	300 gr	5 - 7	Stir 2-3 times	None	10
Blackberries	250 gr	3 - 5	Stir 2-3 times	None	6

^{*} These guidelines are suitable for carrying out the Defrosting Test for mince according to IEC Regulation 705, Par. 18.3, (see par. 2). Turn the block upside down halfway through the time set. The block which is to be defrosted should be placed directly on the turntable. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

3.2 REHEATING

Reheating food is one of the key features in which your microwave oven displays its usefulness and efficiency. Compared to traditional methods, a microwave saves time and electricity.

- It is advisable to reheat food (especially if it is frozen) to a temperature of at least 70°C. This means the food will not be
 ready to eat immediately (because it is too hot!) but it will be completely sterilised.
- In order to reheat pre-cooked or frozen food, always observe the following rules:
 - always remove the food from metal containers
 - cover it with microwave safe trasparent film, or grease proof paper so that all the natural flavour is preserved and the oven will stay cleaner; the food may also be covered with a an upturned plate;
 - if possible, stir or turn the food frequently in order to speed up the reheating process, and to help it cook more evenly;
 - follow the cooking times shown on the packet, and that under certain conditions, the times shown may need to be increased.
- Frozen food must be defrosted before being reheated. The lower the initial temperature of the food, the longer the reheating time will take.

Note: some dishes can also easily be reheated by using the "AUTO" function pre-programmed recipes (see table on page 24).

TABLE OF REHEATING TIMES

IADLE OF REFIEATION TIMES										
ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TIME minutes	NOTES/SUGGESTIONS					
SOFTENING AND MELTING FOOD		_								
Chocolate/icing	100 gr	≋	3	4 - 5	Put in a dish. It is not necessary to stir chocolate cubes. Mix					
Butter	50-70 gr	"	5	0′.10″-0′.15″	the icing once. To melt butter, add one minute.					
CHILLED FOODS (5/8°C) up to 20/	30°C —									
• Yoghurt										
• Feeding bottle	125 gr	"	5	0′.15″-0′.20″	Remove the metal top. Heat the baby's bottle without the teat and mix					
. coaming come	240 gr	"	"	0′.30″-0′.35″	it immediately after heating to ensure on even temperature. Check the					
					temperature before use. With milk at room temperature the heating time					
DDE COOKED CHILLED ECODE (:-:::	.l 5/0°C	1 1	70°C		is lower. Moke sure dried milk is stirred evenly-use already sterilized milk.					
PRE-COOKED CHILLED FOODS (initio) up to approx.								
 Packet of lasagne or 	400 gr	"	5	3 - 5	Packets of any type of pre-cooked food available in the shops,					
stuffed pasta					to be reheated to 70°C. Remove the food from any metal					
Packet of meat with rice	400 gr	"	"	3 - 5	packets and put it directly onto the plate from which it is to be					
and/or vegetables	000				eaten. For best results the food should always be covered.					
Packet of fish and/or vegetables	300 gr	"	"	2 - 4	Plate of meat and/or vegetables Portions of any type of cooked					
 Plate of meat and/or vegetables 	400 gr	"	"	4 - 6	food to be reheated to 70°C. The food should be placed directly					
• Plate of pasta, cannelloni or	400 gr	"	"	4-6	onto the plate from which it is to be eaten and should always be					
lasagne	Ŭ				covered either with transparent film or with an upturned plate.					
 Plate of fish and/or rice 	300 gr	"	"	3 - 5						
FROZEN FOOD TO BE REHEATED/O	COOKED (initio	l temp18/-2	O°C) up to app	rox. 70°C						
Packet of lasagne or	400 gr	"	5	5 - 7	All kinds of pre-cooked frozen food to be reheated to 70°C					
stuffed pasta	400 gi	"	5	3-7	directly in the packet. DO NOT USE METAL CONTAINERS					
Packet of meat with rice	400 gr	,,	,,	4 - 6	I directly in the packet. DO 1401 03L METAL CONTAINERS					
and/or vegetables	400 gi	"		4-0						
Packet of pre-cooked fish	300 gr	"	,,	2-4						
and/or vegetables	000 gi									
	200									
Packet of fish and/or raw	300 gr	"	"	6 - 8	Remove raw food from the packets, place it in a container					
vegetables					suitable for microwaves and cover.					
 Portion of meat and/or vegetables 	400 gr	"	"	5 - 7	Portions of cooked frozen food to be heated to 70°C. Place					
Portion of pasta, cannelloni	400 gr	"	"	6 - 8	the frozen food onto the dish from which it is to be eaten and					
or lasagne					cover it with an upturned plate or Pyrex lid. Make sure that it					
Portion of fish and/or rice	300 gr	"	"	3 - 5	is thoroughly heated in the centre by stirring if possible.					
CHILLED DRINKS (5/8°C) up to	approx. 70°0									
• 1 cup of water	180 cc	"	5	1′30″ - 2′	All drinks should be shaken after reheating to ensure an ever					
• 1 cup of milk	150 cc	,,	<i>"</i>	1'.15" - 1'.45"	temperature. We recommend covering clear soup with an uptur-					
• 1 cup of coffee	100 cc	"	"	1'.15" - 1'.45"	ned plate.					
• 1 bowl of clear soup	300 cc	"	"	3 - 4	1.00 p.000					
DRINKS AT ROOM TEMPERATURE	From 20/30°C	up to approx.	70°C ——							
• 1 cup of water	180 cc	"	5	1′.15″ - 1′.45″	All drinks should be shallon after schooling to energy					
• 1 cup of milk	1 <i>5</i> 0 cc	"	"	1 - 1′.30″	All drinks should be shaken after reheating to ensure on ever tem- perature. We recommend covering clear soup with an upturned					
• 1 cup of coffee	100 cc	"	ıı .	0′.45″ - 1′.15″	perature. We recommend covering clear soup with an upturned liplate.					
• 1 bowl of clear soup	300 cc	"	"	2 - 3	plate.					
					,					

3.3 - COOKING ANTIPASTI AND FIRST COURSES

Soups in general require less liquid because in a microwave oven evaporation is rather minimal. Salt must be added only at the end of cooking or during standing time as it dehydrates the food.

It is fair to say that the time needed to cook rice in the microwave oven is more or less equal to the time taken to cook it on a stove in the traditional manner. The advantage of preparing a risotto in a microwave oven is that it does not need stirring continually (this only needs to be done 2 or 3 times).

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO USE
• Lasagne	1100 gr	*** ****	5 5	-	12 8	Suitable times for raw pasta. If the pasta is pre- cooked, 8 minutes of Combined MICROGRILL cooking is enough.	Low
Gnocchi alla romana	600 gr	≋	5	-	12	Avoid piling them up too heavily	Low
• Macaroni	1500 gr	∞ ∞	5	-	8	The pasta should have previously been boiled separately.	Low
• Risotto	300 gr. of rice	S	5	-	12-15	The ingredients should all be placed together in a container suitable for microwaves and covered with transparent film (750 g of clear soup is needed for 300 g of rice with the microwaves on full power for approx. 10-12 minutes).	None
• Pizza	800 gr	×	-	200°C	30	Spread the pizza on oven paper resting on the base of a cake tin.Preheat the oven to 200°C.	Low
• Fresh Quiche Lorraine	800 gr	×	•	160°C	40	Use a cake tin with a handle (the oven should be pre-heated).	Low
• Frozen Quiche Lorraine	550 gr	×	-	190°	45	Place on the bottom of a metal baking tin (the oven should be pre-heated).	Low

3.4 - COOKING MEAT

Cooking is closely linked to the size and uniformity of the food which is to be cooked: kebabs cook before a roast because they consist of smaller, more evenly-sized pieces of meat. To keep roasts, chicken and kebabs moist, it is advisable to add 1 or 2 cups of water at the start of cooking.

The state of the s											
ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minuti	NOTES/SUGGESTIONS	WIRE RACK TO USE				
•Roasts (pork, beef)	1000 gr	≋ X	4	190°C	45-50	Leave on a little fat to avoid it drying out. Do not add much sauce.	Low				
Meatloaf	800 gr	≋ X	4	180°C	25-30	Mix 500 g of minced beef with egg, ham, grated Bread, etc. Add a touch of oil and a little white wine.	Low				
 Meatloaf 	900 gr	≶	4	-	20	See note *	None				
• Whole chicken	1200 gr	≋ X	4	190°C	50	Prick the skin to allow the fat to run off. See note	Low				
Pieces of chicken	850 gr	≋ X	4	190°C	30-35	Stir once during cooking	Low				
 Kebabs 	600 gr	≋ X	3	180°C	20-25	Turn halfway through cooking	Low				
•Goulash	1500 gr	≶	5	-	30-35	Cook uncovered and stir 2-3 times	None				
 Chicken breast 	500 gr	≋	4	-	10-15	Turn halfway through cooking	None				
•Veal or pork chop	3 pieces	****	-	-	16-18	Preheat the oven for 3 minutes. Turn while cooking, as the heating element only produced heat from the upper part of the oven.	High				
 Sausages 	3 pieces	****	-	-	10-12	Preheat the oven for 3 minutes. Turn while cooking, as the heating element only produced heat from the upper part of the oven.	High				
Hamburgers	3 pieces	****	-	-	10-12	Preheat the oven for 3 minutes. Turn while cooking, as the heating element only produced heat from the upper part of the oven.	High				

^{*} These guidelines are suitable for carrying out the Cooking Tests for mince according to IEC Regulation 705, Par. 17.3, Test C. Cover the container with transparent film. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

^{**} These guidelines are suitable for carrying out the Cooking Tests according to IEC Regulation 705, Par. 17.3, Test F. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

3.5 - COOKING SIDE DISHES AND VEGETABLES

Vegetables cooked in a microwave oven preserve their colour and nutritional value better than traditional cooking.

Wash and peel the vegetables before starting to cook.

Larger vegetables should be cut into evenly-sized pieces.

Add approx. 5 spoonfuls of water for every 500g of vegetables (vegetables which have a high fibre content will require more water). Vegetables should always be covered with transparent film.

Stir at least once halfway through cooking and add a little salt at the end.

Warning: the cooking times in the table are purely intended as guidelines and are on the basis of the food's weight and initial temperature as well as its consistency and structure.

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO USE
• Asparagus	500 gr	%	5	-	8-9	Cut into 2 cm pieces	None
 Artichokes 	300 gr	S	5	-	10-11	It would be better to use artichoke hearts	None
• Green beans	500 gr	%	5	-	10-11	Cut into pieces	None
• Broccoli	500 gr	%	5	-	6-7	Separate into single "flowers"	None
Brussels sprouts	500 gr	%	5	-	6-7	Leave whole	None
• White cabbage	500 gr	%	5	-	6-7	Leave whole	None
• Red cabbage	500 gr	%	5	-	6-7	Leave whole	None
• Carrots	500 gr	%	5	-	8-9	Cut into evenly-sized pieces	None
Cauliflower	500 gr	≶	5	-	10-11	Separate into tops	None
• Cauliflower in béchamel sauce	1000 gr		5	-	13 + 10	Timing as for raw cauliflower. If pre-cooked, needs only 10 minutes with grill in Combined mode	Low
• Celery	500 gr	S	5	-	6-7	Separate into pieces	None
Aubergines	800 gr	×	5	-	5-6	Cut into cubes	None
Grilled aubergines	4 slices	****	-	-	9-11	Preheat for 3 minutes. Turn halfway through cooking	High
• Aubergines "alla parmigiana"	1300 gr	≋ 	5	-	7-9	The aubergines may be grilled or fried first	Low
•Leeks	500 gr	S	5	-	5-6	Leave whole	None
Button mushrooms	500 gr	S	5	-	5-6	Leave whole and cover. No water needed	None
• Onions	250 gr	S	5	-	4-5	Whole in equal sizes. No need for water	None
• Spinach	300 gr	≶	5	-	5-6	Cover after washing and draining	None
• Peas	500 gr	≋	5	-	9-10		None
• Fennel	500 gr	S	5	-	11-12	Cut into quarters	None
Grated tomatoes	800 gr	≋ ••••	5	-	9-11	It is preferable for them to be of equal sizes	Low
• Peppers	500 gr	×	5	-	8-9	Cut into pieces	None
Grilled peppers	4 quarters	****	-	-	9-11	Preheat for 3 minutes. Turn halfway through cooking	High
 Stuffed peppers 	1400 gr	¥	5	-	12	Preferably the short, broad kind	Low
		*	5	-	9		None
• Potatoes	500 gr	S	5	-	7-8	Cut into evenly-sized pieces	Low
• Roast potatoes (fresh)	500 gr	≋ X	4	190°C	30-35	Stir 2-3 times	Low
• Roast potatoes (frozen)	900 gr	≋ X	4	200°C	35-40	Stir 2-3 times	Low
Potato gratin	1100 gr	≋ X	4	170°C	30	See note *	None
• Courgettes	500 gr	×	5	-	6-7	Leave whole	

^{*} These guidelines are suitable for carrying out Combined Cooking Test D according to the Regulation Project (3rd edition of IEC 705) contained in the document IEC 53H/69/CD. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

3.6 - COOKING FISH

Fish cooks very quickly and with excellent results. It can be dressed with a little butter or oil (if so desired). Cover it with transparent film. If skin is left on, this must be scored, and the fillets should be arranged evenly. It is not advisable to cook fish battered or crumbed.

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO BE USED
• Fillets	300 gr	S	4	-	5-7	Cover with film	None
• Pieces	300 gr	≋	4	-	7-9	Cover with film	None
• Whole	500 gr	≶	4	-	8-10	Cover with film	None
• Whole	250 gr	≶	4	-	5-7	Cover with film	None
• Slices	400 gr	≶	4	-	7-9	Cover with film	None
• Prawns	500 gr	≶	4	-	7-9	Cover with film	None
Baked fish	600 gr	≋ X	2	190°	30	Add oil, a clove of garlic and drop of white wine. Do not cover.	Low

3.7 - COOKING DESSERTS AND CAKES

For cooking cakes the oven must be preheated to the temperature shown in the table. Only after reaching the temperature set (signalled by 5 beeps) should the cake by placed in the oven

ТҮРЕ	QUANTITY	FUNCTION	POWER LEVEL	TEMPE- RATURE	TIME minutes	NOTES/SUGGESTIONS	WIRE RACK TO BE USED
• Hazelnut cake	1100 gr	≋ X	2	170°C	25-30	Use a heat-resistant container	Low
• Quark cake	1500 gr	≋ ×	4	160°C	35-40	Use a heat-resistant container	Low
• Jam tart	700 gr	×	-	160°C	55	Use a metal cake tin	Low
• Plum cake	950 gr	×	-	160°C	90	Use a rectangular mould	Low
• Light sponge cake	700 gr	×	1	160°C	40	Use a metal cake tin	Low
• Walnut cake	650 gr	×	-	160°C	40	Use a metal cake tin	Low
• Egg custard	750 gr	%	5	-	16	See note *	None
• Sponge cake	475 gr	%	5	-	8	See note *	Low
Sponge cake	710 gr	≋ X	2	160°C	30	See note **	Low

- * These guidelines are suitable for carrying out the Cooking Tests according to IEC Regulation 705, Par. 17.3, Tests A and B respectively. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.
- ** These guidelines are suitable for carrying out Combined Cooking Test E according to the Regulation Project (3rd edition of IEC 705) contained in the document IEC 59H/69/CD. Remember to preheat the oven only in Fan mode with the low wire rack in place. Further information, also regarding other Performance Tests according to IEC Regulation 705 is given in the table on page 2.

3.8 - REHEATING/COOKING USING THE "AUTO" function KEYS

The **AUTO** function keys are 5 different programmes with "pre-programmed" cooking duration, power level and oven temperature as detailed in the table below:

KEY	WHAT TO DO	SUGGESTIONS	
(11) BEVERAGES			
Press oncePress twicePress 3 timesPress 4 times	 Reheat 1 small coffee cup (50 cc) at room temperature. Reheat a coffee cup (125 cc) starting from room temperature Reheat one large cup (200 cc) starting from chilled Reheat 1 soup dish (300 cc) starting from chilled 	After reheating the liquid, stir well to spread the temperature evenly.	
(8) JACKET POTATOES —Press once	Cash 200 a of materia	Wash the potatoes thoroughly in their	
Press once Press twice	Cook 200 g of potatoesCook 400 g of potatoes	jackets, pierce them and put them on	
• Press 3 times	Cook 600 g of potatoes	the turntable. They should be served	
(10) READY MEALS ch	nilled ready meals (5-8°C)	stuffed with butter or cheese.	
(10) KLADI MLALS CI	Warning: at the end of the reheating the food and the	Suitable for earlied nertices of	
	containersi may be very hot. Use tweezers or oven gloves.	Suitable for cooked portions of food, preserved in the refrigerator	
 Press once 	 Reheat 1 portion (250-350 g) 	The food must never be covered. For pre-cooked dishes in packets,	
Press twice	• Reheat 2 portions (450-550 g)	remove the food from meta packaging and place it on a plate.	
(9) PIZZA Pizza and froze	en ready meals		
(7) NEER 1 1220 and 11020	Warning: at the end of the reheating the food and the		
	containersi may be very hot. Use tweezers or oven gloves.		
 Press once 	 Reheat 1 frozen pizza (250 - 500 g) 	Place the pizza directly on the low wire rack.	
Press twice	• Reheat 1 portion (250-350 g)	low wire rack. Place the packet on the turntable, making sure you remove any covers (film bags). If the packet is no	
• Press 3 times	• Reheat 2 portions (450-550 g)	microwaves safe (e.g. metal tubs), remove the food from the packet.Place it uncovered on the turntable.	
(7) POP CORN —	0 1 1 100 1 1	ell december	
Press once	Cook 1x100 g packet of popcorn	Follow the instructions written on the box closely The packet can go directly on the turtable.	

CHAPTER 4 – CLEANING AND MAINTENANCE

4.1 CLEANING

Before any cleaning and maintenance are carried out, always disconnect the plug from the power socket and wait for the appliance to cool down.

The internal cavity of your oven is covered with a special non-stick finish to which splashes and food particles do not stick, thus making cleaning particularly simple. Always keep the microwave outlet cover (C) clean and free from grease and splashes of fat.

Do not use abrasive detergents, wire sponges and sharp metal tools when cleaning the external surface of the oven. Also be careful to ensure that water or liquid detergent does not penetrate the air and steam vent grilles on the top of the appliance.

It is also advisable not to use alcohol, abrasive detergents or ammonia-based detergents to clean the internal and external surfaces of the door.

Always keep the inside of the door clean to ensure that it closes properly, so that dirt and food residues do not become trapped between the door and the front panel of the oven.

Check from time to time that the ventilation openings located on the back and underneath the cabinet which houses the appliance are free from any obstructions or dust.

Contact your Service Assistance Centre for any necessary controls of the ventilation openings found on the back of the appliance.

It is necessary to remove the turntable (H) and its corresponding support (I) periodically in order to clean them; the bottom of the oven should also be cleaned.

Wash the turntable and its support in soapy water using mild soap. They can also be washed in a dishwasher.

Do not immerse the turntable in cold water after prolonged heating; the sudden change in temperature would cause it to crack.

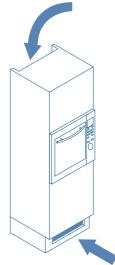
The turntable motor is sealed. Nevertheless, be careful to avoid the water penetrating under the turntable spindle (D) when the bottom of the oven is being cleaned.

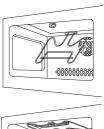
To make the cleaning of the inside of the oven easier, the upper heating element can be lowered by turning the ceramic hook.

IMPORTANT: After cleaning, reposition and refasten the electrical element. The oven must not be used with the element in the lowered positioned.











CHAPTER 4 – CLEANING AND MAINTENANCE

4.2 MAINTENANCE

If something does not quite work right or if a foult devalops, contact technician for service. Please check the following faults before calling technician:

PROBLEM	CAUSE/SOLUTION
The appliance does not work	 The door is not closed properly. The plug is not correctly inserted. No power at the socket No power at the socket (check the fuse box)
Condensation on the work surface, inside the oven or around the door.	 When food is cooked which contains water it is quite normal for the steam which is generated inside the oven to escape and condense inside the oven, on the cooking surface or around the doorframe.
Sparks inside the oven	 Do not turn the oven on without food for Microwave and Combined cooking modes. Do not use metal containers for the above cooking modes or bags or packets with metal parts.
The food does not heat or cook properly	 Select the correct cooking mode or increase the cooking time. The food has not been completely defrosted before being cooked.
The food burns	Select the correct cooking mode or reduce the cooking time.
The food does not cook evenly	Stir the food during cooking. Remember that food cooks better when cut in evenly-sized pieces. The turntable is blocked.

NOTE: The oven may be used safely even if the light bulb is not working. Contact an authorised technician for bulb replacement.

ELECTRICAL CONNECTION (U.K. ONLY)

A) If your appliance comes fitted with a plug, it will incorporate a 13 Amp fuse. If it does not fit your socket, the plug should be cut off from the mains lead, and an appropriate plug fitted, as below.

WARNING: Very carefully dispose of the cut off plug after removing the fuse: do not insert in a 13 Amp socket elsewhere in the house as this could cause a shock hazard. With alternative plugs not incorporating a fuse, the circuit must be protected by a 15 Amp fuse.

WARNING - THIS APPLIANCE MUST BE EARTHED IMPORTANT

The wires in the mains lead are coloured in accordance with the following code:

Green and yellow:
Blue:
Brown:

Earth Neutral Live



If the plug is a moulded-on type, the fuse cover must be refitted when changing the fuse using a 13 Amp Asta approved fuse to BS 1362. In the event of losing the fuse cover, the plug must NOT be used until a replacement fuse cover can be obtained from your nearest electrical dealer. The colour of the correct replacement fuse cover is that as marked on the base of the plug.

B) If your appliance is not fitted with a plug, please follow the instructions provided below:

As the colours of the wires in the mains lead may not correspond with the coloured markings identifying the terminals in your plug, proceed as follows:

The green and yellow wire must be connected to the terminal in the plug marked with the letter E or the earth symbol $\stackrel{\bot}{=}$ or coloured green or green and yellow.

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The blue wire must be connected to the terminal marked with the letter N or coloured black.

The brown wire must be connected to the terminal marked with the letter ${\bf L}$ or coloured red.